Support For All Involved

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It is important to acknowledge that, in matters relating to any Child Protection incidents, it can be distressing for all involved. It is therefore important to be aware of sources of support and help that may be available in this situation.

You may also feel the need to be reassured that the issues are being dealt with in the best possible way with the interests of the child or young person being paramount.

Maintaining confidentiality is essential and therefore, when seeking support from a recommended source, you will be expected to keep the personal details (names of individuals concerned, location and so on) confidential.

Information for those who have Reported Concerns or an Incident

- Your report will be treated in a fair and transparent way at all times.
- If the person against whom you have reported concerns is suspended from their role it is important to remember this is a neutral act; it protects all parties involved.
- You will be assigned a designated contact from your Member Body. This person will be your point of
 contact for the duration of the complaint. If you have any queries or concerns, you should contact them
 initially.
- Your designated contact will support you. The person against whom you have complained will have a
 different designated contact. Neither of these designated contacts will be a member of the Case
 Management Group who will be dealing with your case.
- You will receive regular communication regarding your report from your designated contact and be kept up to date with the progress of your concern.

The following organisations may be able to help:-

NSPCC Helpline

24-hour free and confidential telephone helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill treatment or abuse. **Tel: 0808 800 5000.**Textphone / Webcam (for deaf or hard-of-hearing) 18001 0808 800 5000 / SignVideo.

email help@nspcc.org.uk or report concerns online through www.nspcc.org.uk/reportconcern

Child Line

24-hour free and confidential telephone helpline for children. Tel: 0800 1111

The Samaritans

Nationwide, non-religious, non-political 24-hour confidential support line. **Tel: 08457 90 90 90** www.samaritans.org.uk

NAPAC (National Association for Children Abused in Childhood)

An organisation that supports the recovery from childhood abuse. www.napac.org.uk, support@napac.org.uk, Tel: 0808 801 0331

Victim Support

Local Victim Support services provide emotional support, information and practical help for victims and witnesses. **Tel: 0845 3030 900**

Self Help

The UK's free, online, specialised child protection resources with a general list of 1,000 self-help organisations in the UK - www.self-help.org.uk

Children First - Scotland. Tel: 0131 446 2300

www.children1st.org.uk

Child Protection in Sport Unit (CPSU)

Tel: 0116 234 7278 www.thecpsu.org.uk

GP or practice nurse – can refer to local agencies who can help and support.

Other Lead Safeguarding Officers

British Association of Counselling

Local Social Care Services

Kidscape - www.kidscape.org.uk Advice about bullying and cyber bullying.

Young Minds Parents' line. Tel: 0808 802 5544 Advice and help with any mental health issues relating to young people.

Family Lives. Tel: 0808 800 2222 for parents who need help or someone to talk to.

NHS Direct – 111 will give guidance as to how to access help.

Shorespace - A safe place for teenagers worried about sexual behaviour - https://shorespace.org.uk/

Barnardo's and Sexual Assault Referral Centre's (SARCs) – offer support and counselling to victims of sexual abuse. Full list available at www.rapecrisis.org.uk/Referralcentres2.php

Rape Crisis England and Wales – www.rapecrisis.org.uk/index.php 0808 802 9999, 12– 2.30pm, 7– 9.30pm

Child Exploitation On – line Protection Centre (CEOP) – Advice, guidance, counselling, support and referral if necessary and appropriate with regard to bullying or inappropriate behaviour online. Child Exploitation and Online Protection Centre, 33 Vauxhall Bridge Road, London, SWIV 2WG. Telephone 0870 000 3344 http://ceop.police.uk/

The Survivors Trust - work with victims and survivors of all ages, all genders, of all forms of sexual violence, sexual abuse and sexual exploitation, including support for partners and family members. www.thesurvivorstrust.org

TAC Access_— connecting mental health commissioners, young people and therapists - https://www.tacaccess.com/