# Dressage

This sign off is to be used to record formal training towards your BHS assessment. Training is compulsory and this form is required to be completed as part of your Recognition of Prior Experiential Learning (RPEL) direct entry application and before you apply for your assessment. It must be completed by:

- A BHS Assessor who assesses at the level, OR,
- A Performance Coach (BHSI) or Fellow (FBHS) within a BHS Approved BHSI Training Centre.

Your RPEL application will include:

- This completed document
- CV (detailing work history (including experiential learning) and competition record.
  - For the riding units you must evidence that you have produced a minimum of two horses from being untrained to Advanced Medium level (to qualify for an Advanced Medium Regional Championship on two occasions)
  - For the coaching units you must evidence that you regularly coach riders at all levels from novice to Advanced Medium level

Completion of this document does not mean that you will necessarily be successful in passing the assessment on the day.

This sign off sheet is to be completed for the following units:

- Unit 5: Working the horse from the ground
- Unit 8: Ride for training dressage
- Unit 9: Coaching presentation
- Unit 12: Coaching dressage

Please refer to the relevant unit specification for the full details of the assessment criteria.

We recommend you receive formal training for all these units. We would encourage at this level that you seek training from multiple trainers. This could be sought from Approved Training Centres, Assessors and experts in the industry. If you need support finding appropriate training, please contact the Education team.



## **Candidate details**

Name	BHS Membership number	
Address		

### Unit 5: Working the horse from the ground

LO1. Understand how to work horses from the ground using two reins

LO2. Work the horse between two reins to develop its way of going

#### Unit 5 trainer sign off

I confirm the above person has received formal training for Unit 5 and is ready to take the assessment.

Coach name	BHS APC number	
Coach signature		
Date		

### Unit 7: Ride for Training Dressage

LO1. Understand the progressive training of horses

LO2. Ride safely

LO3. Assess a horse

LO4. Ride horses up to Advanced Medium dressage to develop their way of going

LO7. Ride a horse that is training towards Advanced level dressage to develop its way of going

LO8. Ride a horse used for training others on the flat over poles to develop its way of going

#### Unit 7 trainer sign off

I confirm the above person has received formal training for Unit 7 and is ready to take the assessment.

Coach name	BHS APC number	
Coach signature		
Date		



# **Candidate details**

Name	BHS Membership number	
Address		

### **Unit 9: Coaching Presentation**

- LO1. Understand how to develop the skills of riders
- LO2. Select and justify a coaching plan for the development of a rider
- LO3. Analyse the coaching and development of a rider
- LO4. Evaluate the coaching plan implemented

### Unit 9 trainer sign off

I confirm the above person has received formal training for Unit 9 and is ready to take the assessment. Formal training should include presentation delivery skills.

Coach name	BHS APC number	
Coach signature		
Date		

## Unit 11: Coaching Dressage

- LO1. Self-reflect on own coaching
- LO2. Coach safely
- LO3. Understand how a rider can influence a horse's way of going
- LO5. Coach to develop the performance of horse(s) and/or rider(s) on the flat and over poles

## Unit 11 trainer sign off

I confirm the above person has received formal training for Unit 11 and is ready to take the assessment.

Coach name	BHS APC number	
Coach signature		
Date		

