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| --- | --- |
| Assessor name: |  |
| Date: |  | Centre: |  |

|  |  |  |
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| Ready for assessment & Coach Endorsement | Candidate: |  |
| Signed off by: (Compulsory) |  |
| BHS/APC number: |  |

|  |  |  |
| --- | --- | --- |
| Lunge | Candidate: |  |
| 1 | **Understand lungeing a horse** |  |  |
| Explain reasons for lungeing (2) |
| Describe factors affecting lungeing (2) |  |
| Describe lungeing problems (2) |  |
| 2 | **Equipment required for lungeing** |  |
| Explain use of lunge equipment (2) |
| 3 | **Lunge a horse for exercise** |  |
| Lunge a horse with/without side reins |
| Lunge safely |  |
| Review session |  |
| **LUNGE ACHIEVED?**Additional Comments: |  |