# WEST HIGHLAND WAY Notes on multi-use access

The West Highland Way was one of Scotland's four original long distance routes. Now one of Scotland's Great Trails, it is renowned world-wide for the spectacular scenery it passes through along its 96 mile length between Milgnavie, just north of Glasgow, and Fort William on the west coast of the Scotlish Highlands. The route was originally designed and created as a walking route. Since then access legislation in Scotland has changed. Cyclists and horse and cyclists now enjoy equal access rights to walkers, provided they exercise those rights responsibly. Notwithstanding this, some sections of the West Highland Way, such as the narrow path around the north-east corner of Loch Lomond, are impassable with a horse and never likely to be suitable for multi-use. Other parts are accessible with a horse or bike.

These notes have been produced by British Horse Society Scotland to help those interested in using part or all of the West Highland Way to identify location and brief details of features which may restrict multi-use of the waymarked route. Only those which may present an issue for experienced riders are noted below – shallow fords, vehicular bridges, cross drains, gates off their hinges or which can only be opened or closed if dismounted, rough ground, sheep and cattle are all part of riding off-road and so are not documented. Inclusion of a particular feature does not necessarily mean that it is impassable with a horse. Photos have been included where appropriate to help you assess for yourself whether a feature such as steps, a narrow footbridge, gate or gap less than 1.5m wide may present an obstruction to you. These notes are intended to supplement detailed route guides and other information already available from the route website <a href="http://www.west-highland-way.co.uk/home.asp">http://www.west-highland-way.co.uk/home.asp</a>.

Suggestions for parking and alternative routes to avoid restrictions on multi-use are included where information has been provided by volunteers, but do not constitute a recommendation. All route users are responsible for deciding for themselves whether this route, or any part thereof, is suitable for their intended use, taking account of their own abilities, skills, fitness and experience, as well as season, weather conditions etc. Event organisers, groups or commercial operators considering using the West Highland Way are urged to contact the route managers (see route website for details).

Remember that whether on foot, cycle or horseback, rights of access in Scotland depend on access takers and land managers accepting individual responsibility for their actions. The Scottish Outdoor Access Code defines what this means on the ground <a href="http://www.outdooraccess-scotland.com/">http://www.outdooraccess-scotland.com/</a>. Specific guidance for horse riders can be downloaded from <a href="http://www.bhsscotland.org.uk/responsible-riding.html">http://www.bhsscotland.org.uk/responsible-riding.html</a>.

Courtesy, consideration of others' needs and good communication are the key to sharing paths. Always pass others you meet along the trail at a walk, and elsewhere limit your pace to ground conditions and visibility. On surfaced paths and other well used sections of the route, riders need to be particularly careful to respect other users and clear dung off the path. The route should be waymarked throughout, but in some places waymarks are not readily apparent, so make sure you have a map with you and know how to read it.

# Milngavie to Drymen

Several gates on this section require dismounting to open. Others have a gap to pass around the side. Otherwise there are no obstructions to multi-use access. A couple of places passable with care are highlighted below.

Location / OS Grid Ref.	Feature/description	Alternative restrictions	access	to	avoid
NS543764 Mugdock Wood	Metal gate, space to pass with a horse to side				
NS544765 Mugdock Wood	Boardwalk, potentially slippery if wet				

# **Drymen to Balmaha**

All of this section is multi-use accessible other than the off-road route over Conic Hill. The path up the east side of Conic Hill is narrow, steep and rocky with numerous steps, and there is a kissing gate at OSGR NS424914. The alternative is to follow the track south from Garadh BanWood past Creityhall to Milton of Buchanan and then the B837 to Balmaha. Horsebox parking is signed off the road in Garadhban Forest at OSGR NS479906.

### Balmaha to Rowardennan

The off-road sections of West Highland Way between Balmaha and Rowardennan are mainly narrow and eroded in places, which together with numerous steps and exposed tree roots make most of this section unsuitable for off-road equestrian use. The public road which coincides with the West Highland Way in some parts and runs roughly parallel for the remainder offers a multi-use alternative but is narrow, twisting and very busy in summer and at weekends. Parking is restricted to public car parks at Balmaha and Rowardennan.

Location / OS Grid Ref.	Feature/description	Alternative access to avoid restrictions
Craigie Fort NS417908	Steep, rocky path winding up to viewpoint with stone steps.	Narrow lochside path impassable by horses due to narrow metal bridge 28m x 1.1m with metal grid deck) and numerous steps. Alternative is public road.

NS416914	Steep, rough, winding path with some steps leads back down from viewpoint  Slatted wooden footbridge 5m x 1.4m,	
North of Arrochymore Point	alternate planks non-slip	
NS411919	Exposed tree roots on steep rough path	Follow public road
NS398937 North side Lag an Amair Wood	Wooden bridge 7m x 1.45m, four steps down at northern end	Follow public road
NS386951 Carn na Muice	Rough rocky steps	
NS379958 Allt a Mhuitinn	6m x 1.2m wide wooden slatted footbridge, no railings, concrete ramp either end	

	WHW/ AS	
NS367971	12m x 0.85m wooden bridge, 4 steps	
	one end and 5 the other	
	WIWAZI	
NS364974	Several series of steep rough stone	
NS365973	steps	

# Rowardennan to Inversnaid

Diversion in place 2014, survey postponed pending re-opening of main route. Most of the route is understood to be multi-use accessible.

# <u>Inversnaid to Inverarnan</u> – impassable with a horse

This section of the West Highland Way is well-known for being the most taxing even for walkers. Although some parts of it might in theory be multi-use accessible, numerous natural and man-made features make it impassable with a horse and very difficult with a bike. The path takes the line of least resistance, often following a narrow strip between crags and loch, with a precipitous slope on either side, in some places restricted by large boulders which would be difficult if not impossible to pass with a horse, in others across boggy ground. Stepping stones over burns have been sited at the easiest crossing, which all too often does not coincide or easily link with somewhere horses might more easily ford or jump across the burn. In various places where steps have been constructed up steep slopes, there is no alternative way round, nor space to pass alongside. Narrow footbridges with steps either end, kissing gates, stiles and open slatted boardwalks present further restrictions and obstructions, albeit academic given the nature of the remainder of this section. In view of the number of restrictions and impassability with a horse, and the lack of link or loop paths to enable use of smaller parts of this section, individual obstructions have not been individually listed.



The footbridge over the Ben Glas burn is too narrow for horses, but there is a ford 20 m west downstream.



<u>Inverarnan to Crianlarich</u> - Impassable with a horse due to stiles and kissing gates, even on sections of track otherwise suitable for multi-use.

Location /	Feature/description	Alternative access to avoid
OS Grid Ref.		restrictions
NN319188 Link path between A82 and West Highland Way north of Drovers Inn	Wooden vehicle bridge. Gates locked 11 pm – 7 a.m.	None.
NN319187 east side River Falloch bridge	Waymarked West Highland Way turns off track through kissing gate. Several boggy sections and fallen trees, impassable with a horse.	Continue along farm track
NN321186 link path along north side Ben Glas burn	Further kissing gate	Use farm track as above
NN327201	Stile in fence. Gate 5 m east unlocked at time of survey. Narrow footbridge immediately beyond	Ford immediately adjacent downstream

NN327202	Narrow wooden footbridge with 3 steps either end (southern end broken at time of survey) impassable with a horse. Difficult to ford burn because of rock slabs	
NN333206	88cm wide wooden footbridge, some rotten planks, impassable with a horse	Very difficult to ford due to terrain, rocks and trees
NN334206	84cm wide wooden footbridge, railed one side, some rotten decking planks	None due to rocks and trees
NN338208	88cm wide wooden footbridge, railed both	Very difficult to ford deeply incised

NN340209	Wooden kissing gate	Wooden slip hurdle alongside
NN344214	Wooden kissing gate, 10' metal gate adjacent, unlocked at time of survey	
NN353219 Northern end of wood north of Derrydarroch	Wooden kissing gate	None other than following Derrydarroch track out onto A82
NN359228	1.4m high underpass/sheep creep under railway	There may be potential to use the track west of the A82 linking onto it north of Derrydarroch farm track entrance but not surveyed

NN359228 railway underpass near Carmyle Cottage	Wooden kissing gate, wicket gate adjacent	
NN359230	Stone steps either side of narrow burn crossing, passable with care	None
NN360230	Wooden stile over fence leading onto path under underpass	None,unless it is possible to turn south on the disused road and get out onto the A82 south of Carmyle Cottage, or if the underpass marked on the map level with the sheep creep is passable
NN359230 A82	Potentially passable with care dismounted	

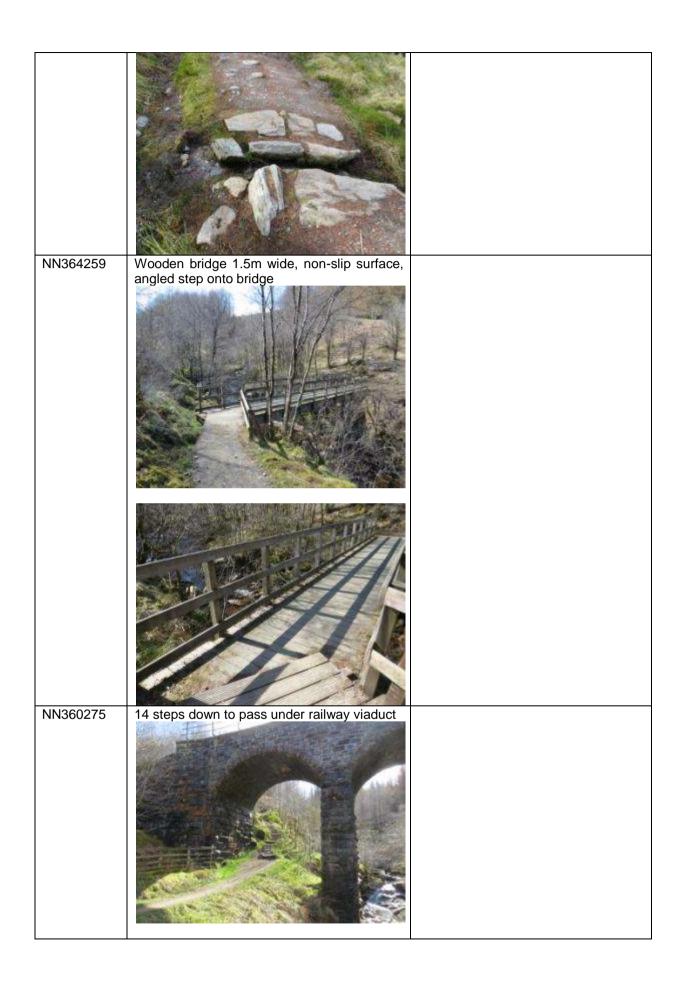
underpass None other than using track west of NN359230 Long flight of stone steps A82 from Derrydarroch (pictured below right looking south from junction with West Highland Way at West side A82 underpass Caisteal Rab) West side Wooden stile As above A82 underpass NN364240 Wooden stile over fence None, adjacent gate padlocked NN375250 Narrow kissing gate in deer fence None, adjacent gateway firmly railed



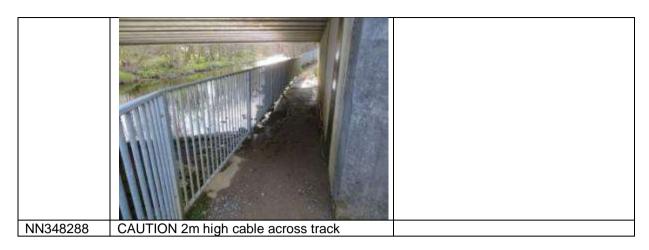
# **Crianlarich to Tyndrum**

An unavoidable kissing gate in deer fence at the forest boundary just west of Crianlarich obstructs multi-use on the section of West Highland Way through to the A82, but all other gates, bridges, underpasses and steps between Crianlarich and Tyndrum are either passable with care or there is a viable alternative. There is usually space to park trailers and horseboxes in the main public car park at Crianlarich, and potentially in the trailer/HGV area at the Green Welly café in Tyndrum.

Location / OS Grid Ref.	Feature/description	Alternative restrictions	access	to	avoid
NN375251	Stone steps				
NN373252	Stone drainage channels in line of path				
and 368254	passable with care				



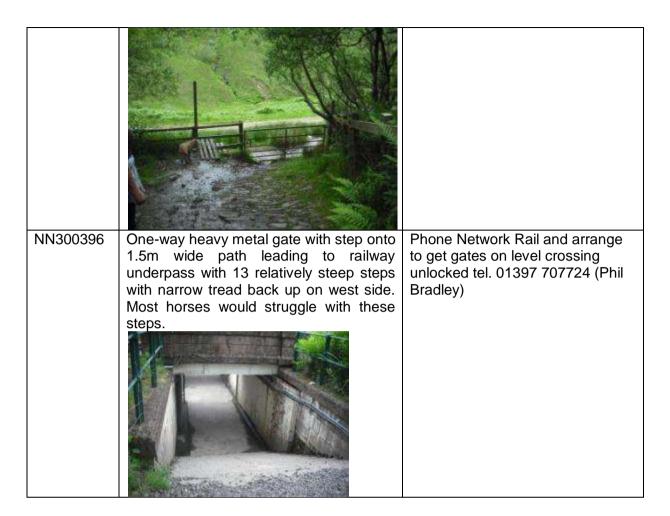
NN359216	Slatted wooden footbridge over boggy section	
NN358277	A82 crossing, well signed both sides, 200m visibility each direction	
NN358279	Narrow path with stile in fence at far end, gate at far side of next field padlocked	Follow 2m wide grass verge beside A82 for approx. 400m then Kirkton Farm track
NN349288	A82 underpass 1.5m wide 15m long 2.2m	
	high, railing to side	



# **Tyndrum to Bridge of Orchy**

For much of its length, this section of the West Highland Way follows a broad, firm, hard surfaced track which is ideal for multi-use, although the section east of the railway line is along a much narrower stony path. The two major restrictions on multi-use are the railway underpass and locked level crossing at Bridge of Orchy, and a very narrow underpass and locked gate just north of the regional boundary (see below). Horse riders concerned about trains on the railway line which runs parallel and in some places very close to the track (30m max. separation) are advised to check timetables in advance.

Location / OS Grid Ref.	Feature/description	Alternative access to avoid restrictions
NN327335	Narrow railway underpass 1.2mm wide x 2.2m high with some overhanging tree roots further restricting width. Passable with care if dismounted but some horses may dislike. On west side of underpass steep stone paved section leads down to locked gate across track adjacent to stile.	As the underpass is the only means of crossing the railway line, the only alternative to avoid the locked gate is to ride up the very busy A82 from NN332318, rejoining the West Highland Way via a field gate at NN328331. Argyll and Bute Council have been approached to replace the stile with a bridlegate (or locked gate with a 2-in-1 gate) and to pursue proposed installation of a multiuse bridge with ramps either end across the railway, but implementation has yet to be timetabled.



# **Bridge of Orchy to Inveroran**

No obstructions or restrictions, bridlegate alongside main locked gate.

# **Inveroran to Kings House, Glencoe**

This section of route follows the old drove road, which is now a wide firm stone track. There are gaps or self-closing bridlegates alongside the main gates across the track.

Location / OS Grid Ref.	Feature/description	Alternative restrictions	access	to	avoid
NN270526	Locked metal barrier to stop illegal vehicular access	Ample space	for cyclis	ts and	d



# Kings House, Glencoe to Kinlochleven

This section of route is passable with a sure-footed horse but includes various narrow footbridges, rocky outcrops, fords and sections of steep rocky path which some inexperienced horse-riders may find challenging, particularly during or after wet weather.

Location / OS Grid Ref.	Feature/description	Alternative access to avoid restrictions
NN220566	Narrow wooden footbridge across steep rocky gully – passable with care with a horse but usually requires removing tack. Nowhere to safely tie horse while transporting tack across bridge	In dry weather it may be possible to ford the burn upstream
Devils' Staircase	Steep, narrow, rocky path, paved in places, with open cross drains – passable with care but horse-riders and cyclists should take particular care to respect other users	

NN213582	Paved ford with stepping stones across	Easily forded alongside stepping stones, although burn is very flashy after heavy rain
NN213593	Narrow wooden footbridge with rail along one side	Ford burn east of bridge
NN193617	Wooden bridge over River Leven, width restricted by barriers either end, some worn planks	Use road west of river to avoid bridge

<u>Kinlochleven to Fort William</u>
This section is now multi-use accessible thanks to creation of a new path leading down into Glen Nevis avoiding the previous long flights of steps.

Location / OS Grid Ref.	Feature/description	Alternative access to avoid restrictions
NN183624	Wooden footbridge, no side rails.  Narrow stony path, steep in places, through woodland with some low branches and stone cross drains.	Burn easily forded adjacent to footbridge. Alternatively to avoid this section of path continue west of B863 to NN175623 and follow track up past Mamore Lodge to rejoin West Highland Way at NN172630 (note: gate off B863 intermittently locked)
NN175626	Stone paved section of narrow path through wood	Use vehicular access track past Mamore Lodge as above
NN168631	Wooden plank bridge, may be slippery when wet	
NN166632	Metal gate with stile and raised quad-grid adjacent	Main gate unlocked

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