

BHS Stage 2 Riding Out

**Riding Out A**

Learning Outcome	Assessment Criteria	Assessment Requirement	Assessment Method
<b>1. Know the roles and responsibilities of a Stage 2 Ride Leader</b>	1.1 Describe the <b>role and responsibilities</b> of the ride leader	<ul style="list-style-type: none"> <li>• Caring for and meeting the needs of horse's health and welfare</li> <li>• Communicating with others relating to horse care and yard activity</li> <li>• Checking the allocation of horses to riders</li> <li>• Taking rides out following a designated route</li> <li>• Working according to instruction</li> <li>• Responding to incidents and emergency situations involving the horse and/or rider</li> <li>• Recording relevant information from clients</li> <li>• Recording accidents and incidents</li> <li>• The need and contents of a risk assessment for a ride out</li> </ul>	Discussion
	1.2 Discuss a <b>prepared risk assessment</b>	<ul style="list-style-type: none"> <li>• Risk assessment of a designated route provided by assessment centre</li> </ul>	Discussion
	1.3 Discuss a <b>prepared route on a map</b>	<ul style="list-style-type: none"> <li>• Familiar or unfamiliar areas</li> <li>• Demonstrate understanding of Ordnance Survey Maps</li> <li>• Be able to give accurate grid reference</li> <li>• Interpret map keys and identify symbols</li> <li>• Understand how to use a GPS system</li> </ul>	Discussion
	1.4 Understand the <b>codes of conduct</b> for riding out	<ul style="list-style-type: none"> <li>• Highway Code, Countryside Code and Rules of the Road (Ireland)</li> <li>• Road signs and markings</li> <li>• Legislation governing where to ride</li> <li>• The importance of appropriate clothing for riding out</li> </ul>	Discussion
<b>2. Prepare to take out a ride</b>	2.1 Check <b>rider's equipment</b> for safety and suitability	<ul style="list-style-type: none"> <li>• Riding hats</li> <li>• Footwear</li> <li>• Hi vis</li> <li>• General clothing</li> </ul>	Observation Discussion
	2.2 Check tack for comfort and safety	<ul style="list-style-type: none"> <li>• Check the tack on the horse for comfort</li> <li>• Check the tack for safety</li> </ul>	Observation Discussion
	2.3 Mount and dismount the riders as required	<ul style="list-style-type: none"> <li>• Assist riders to mount using a mounting block</li> <li>• Check girth</li> <li>• Alter stirrups as required</li> <li>• Assist riders to dismount</li> </ul>	Observation Discussion
	2.4 Provide <b>basic instruction</b> to riders	<ul style="list-style-type: none"> <li>• Mounting</li> <li>• Holding reins</li> <li>• Position in saddle</li> <li>• Feet in stirrups</li> <li>• Start, stop, steer</li> <li>• Controlling the horse</li> <li>• Positional development</li> <li>• Rising trot</li> <li>• Dismounting</li> </ul>	Observation
	2.5 Assess riders for a specific <b>level of ride</b>	<p>Assess riders are competent for the level of ride or hack</p> <ul style="list-style-type: none"> <li>• Beginner ride</li> <li>• Walk and trot ride</li> <li>• Walk, trot and canter ride</li> </ul>	Observation Discussion

		<ul style="list-style-type: none"> <li>Experienced ride</li> <li>Handling the horse</li> <li>Rider confidence</li> <li>Checking/altering stirrups</li> <li>Holding reins and position in saddle</li> <li>Riding ability</li> <li>Suitability of horse allocation (awareness of weight, ability of rider and temperament of horse)</li> </ul>	
	<b>2.6 Demonstrate appropriate regard for safety</b>	<ul style="list-style-type: none"> <li>Control of ride</li> <li>Safe distances between horses</li> <li>Assessment of rider ability</li> <li>Meeting legal requirements</li> <li>Adhering to risk assessment</li> <li>Maintain safety of self and others</li> <li>Safeguarding</li> </ul>	Observation Discussion
	<b>2.7 Use appropriate verbal and non-verbal communication</b>	<ul style="list-style-type: none"> <li>Volume</li> <li>Tone</li> <li>Language</li> <li>Terminology</li> <li>Body language</li> <li>Demonstrations</li> <li>Positioning of self</li> </ul>	Observation
	<b>2.8 Demonstrate appropriate behaviour management skills</b>	<ul style="list-style-type: none"> <li>Rules</li> <li>Expectations</li> <li>Consistency of approach</li> <li>Resolving conflicts</li> </ul>	Observation
<b>3. Be able to ride as part of a group in an open space</b>	<b>3.1 Ride independently as part of a group in an open space</b>	<p>Ride safely in an open space over a variety of terrain</p> <ul style="list-style-type: none"> <li>All three paces</li> <li>Up and down hills</li> <li>Across fields, roads and bridle paths</li> <li>Negotiate hazards/obstacles</li> <li>Open and close a gate</li> </ul>	Coach Endorsement
<b>4. Be able to warm up safely in a group prior to riding out</b>	<b>4.1 Ride a horse in a group</b>	<ul style="list-style-type: none"> <li>In walk, trot and canter</li> <li>In open and closed order</li> </ul>	Observation
	<b>4.2 Ride a horse with the reins in one hand</b>	<ul style="list-style-type: none"> <li>With stirrups</li> <li>In preparation for ride and lead, opening gates or negotiating hazards</li> <li>Change of direction and pace</li> </ul>	Observation
	<b>4.3 Demonstrate the correct use of aids</b>	<ul style="list-style-type: none"> <li>Placement</li> <li>Timing</li> <li>Awareness of horse's reaction</li> <li>Handling and use of whip</li> </ul>	Observation
<b>5. Ride and lead a horse and rider</b>	<b>5.1 Ride and lead another horse and rider in an enclosed space</b>	<ul style="list-style-type: none"> <li>Dismount</li> <li>Attach lead rein</li> <li>Mount whilst maintaining control of both horses</li> <li>Correct positioning of horses</li> <li>Communicate effectively with the rider being led</li> <li>Remount maintaining control of both horses</li> <li>Ride and lead in walk and trot showing turns</li> </ul>	Observation
	<b>5.2 Describe how to negotiate potential hazards</b>	<ul style="list-style-type: none"> <li>Narrow track</li> <li>Gateway</li> <li>Road</li> </ul>	Discussion

## Riding Out B

Learning Outcome	Assessment Criteria	Assessment Requirement	Assessment Method
<b>6. Escort clients out for a ride</b>	6.1 Escort a group of riders out for a hack on public or private roads	<ul style="list-style-type: none"> <li>Public or private roads can be internal roads but may be accessible to traffic</li> <li>Demonstrate application of Highway Code</li> <li>Organise riders in a safe manner</li> <li>Show awareness of other road users</li> <li>Pay attention to surface and surroundings</li> <li>Change position in ride appropriately (lead, back stop, in group)</li> </ul>	Observation
	6.2 Escort a group of riders out for a hack off road	<ul style="list-style-type: none"> <li>Demonstrate application of the Countryside Code</li> <li>Organise riders in a safe manner</li> <li>Show awareness of other users or animals</li> <li>Pay attention to terrain and surroundings</li> <li>Change position in ride appropriately (lead, back stop, in group)</li> </ul>	Observation
	6.3 Know how to negotiate hazards	<ul style="list-style-type: none"> <li>How to deal with hazards and the environment as required</li> <li>Report hazards to supervisor</li> <li>Any points not observed practically will be covered during discussion</li> </ul>	Observation Discussion
	6.4 Follow a designated route	<ul style="list-style-type: none"> <li>Follow timings and adapt if required</li> </ul>	Observation
	6.5 Create a positive rapport with clients	<ul style="list-style-type: none"> <li>Supporting nervous or tired clients</li> <li>Awareness of complaints procedure</li> </ul>	Observation Discussion
	6.6 Maintain safety for all riders	<ul style="list-style-type: none"> <li>Maintaining ride order</li> <li>Walk, trot and canter as planned if suitable</li> <li>Awareness of distances between horses</li> <li>Procedures for crossing roads and dealing with hazards with a group of riders</li> <li>Maintain a suitable pace for riders, horses, conditions and terrain</li> </ul>	Observation
	6.7 Describe the aftercare requirements for horses and riders	<ul style="list-style-type: none"> <li>Comfort of rider</li> <li>Comfort of the horse (wash off, warmth, feed and water)</li> </ul>	Discussion
<b>7. Evaluate own performance</b>	7.1 Carry out a self-evaluation of performance	<ul style="list-style-type: none"> <li>Strengths</li> <li>Areas for development</li> <li>Planning</li> <li>Communication skills</li> <li>Self-management skills</li> <li>Feedback and instruction provided to rider</li> <li>Ridden horse's way of going – suitability for riding out</li> </ul>	Discussion