

Case Study 10: Amelia

Facts of the case

- You are a freelance coach teaching lessons at a livery yard.
- As you fetch yourself a cup of tea from the kitchen you bump into one of your students (Amelia, 15) who seems distressed. She tells you that she has been “seeing” one of the grooms (Freddie, 18).
- Amelia shares that her friend said he heard Freddie laughing on the phone and promising to forward a nude photo that Freddie had of Amelia to whoever he was speaking to.
- Amelia is now scared that her parents are going to find out and she won't be allowed to come to the yard anymore.

Q: What should you do next?

Recognise: What are the issues to address here?

Respond: Use active listening and open questions. Remain calm and don't share personal opinion.

Report: Consider confidentiality at all times. Pass relevant information to relevant people.

Record: Record the facts, your concerns, and any action taken.



**Need some
help?**

Questions to consider:

- How should you handle the disclosure?
- What is the law around this issue?
- Who should you be speaking to?
- What are your reporting and referral obligations?

Notes: