

BHS North West Camps

Aintree Racecourse & International
Equestrian Centre

The
British
Horse
Society



9 - 11 June 2024

4 - 6 August 2024

What to expect

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Held in the grounds of the inspiring Aintree Racecourse with access to the international equestrian centre, you and your horse will enjoy a variety of dismounted and ridden sessions with our BHS Senior Accredited Coaches training you in flatwork, polework and or jumping to improve your connection and harmony with your horse while you have some fun with like minded people!

We're looking forward to welcoming you and your horse to our 8th year of our BHS camp! Due to the demand we're thrilled to be offering you two chances to join us for our amazing camp in 2024.

Our camp is open to all horse and rider combinations* training and competing across the levels - we want you and your horse to a great time and maybe even tick off your bucket list with a whizz around the famous Aintree racecourse gallops! You will be in small groups (no more than 4) determined by the experience and confidence levels of both horse and rider to help you get the most from your sessions.

The emphasis of our camps is to improve knowledge and skill whilst having fun! After working hard you will enjoy great food and fantastic facilities for you and your horse!

“ Completely brilliant! Pushing you out of your comfort zone and is still thoroughly enjoyable. Demo's and non riding activities are fun and interesting. Amazing, friendly people from organisers to camp-mates and instructors. I couldn't recommend this camp enough! Thank you for a great time!" Laura - 2023 camper



Cost & What's included

Costs for Camps 2024:

- Horsebox with electric hook up - £350
- Jockey's accommodation - £370
- Jockey's accommodation group booking of 4 - £330 (saving £40 per person!)

A £50 non-refundable deposit will secure your place

This includes...

- 4 hours of ridden sessions with senior & performance BHS Accredited coaches in the international Andrews Bowen Pro-Wax surfaced arenas.
- Use of the racing simulators.
- Behind the scenes tour of the racecourse.
- Hot and cold horse wash down facilities.
- All meals to include hot food and drinks served in Topham's Cafe.
- Access to Aintree's All Weather Gallops during allotted time slots.
- 2 nights accommodation of your choice, 24hour access to toilets and showers.
- No pressure dressage test and show jumping clear round with rosettes.
- 2 nights stabling within the racecourse grounds including 2 bales of shavings.
- 24 hour stable manager on site to monitor horses throughout camp so you can enjoy your non ridden activities with peace of mind.
- Nutritional consultation, feeding advice & accurate weight measuring with equine weighbridge.
- Rider body awareness dismounted session.
- Fun and educational 'Top Tips' evening demo.
- Free tack check.
- Goody bag.

Optional extras:

- Photographs of your camp memories from specialist equine event photographer [Majestic Photography](#)
- 1 to 1 rider confidence consultations with Sandra Edwards Consulting.



Why not get a group of 4 friends together and book the Jockey's accommodation to save £40 each!

Meet the Coaches

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RACHEL GALLEY

BHS Stage 4 Senior Coach in
Complete Horsemanship

Rachel is an experienced coach catering for all levels of riders from grassroots to competition and BHS assessment preparation. Rachel competes in affiliated Dressage with a passion for Showjumping. She enjoys working with riders and horses to help develop better balance, gain confidence and build happy partnerships to achieve better results whilst having fun.



LINDSAY GAVEN

BHS Stage 5 Performance Coach

Lindsay is an experienced coach and rider recently achieving her BHS Performance coach qualification. She enjoys working with all levels of rider. Her friendly and approachable training focuses on the correct training of horse and rider, whilst aiming for her clients to get the most from their horses at any level. Lindsay is also a National Mounted Police trainer & assessor.

All Coaches delivering mounted sessions at Camp are BHS Accredited Professional Coaches which means that they have professional BHS qualifications, attend regular Safeguarding & Protecting Children courses and are First Aid trained, DBS checked as well as being fully insured. They also attend a minimum of 6 hours of CPD every year.



Stabling & Accommodation

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The Venue

Campers will have exclusive use of the International Arena comprising of a Main Arena (70m x 30m) & 2 smaller arenas (indoor and outdoor). A full course of show jumps including fillers and dressage letters to use during ridden sessions. Other onsite facilities include tea room, cafe with viewing gallery, hot and cold horse wash down facilities, stables, showers and toilets.

Catering

The cost of camp includes all main meals and a selection of refreshments throughout. Additional refreshments and alcohol will be available to purchase from the cafe. We can only cater for those booked on to Camp. If you have any dietary requirement you can let us know when making your meal choices before camp.

Accommodation - electric hook up

There are 15 electric hook up pitches for those wishing to stay in their own horsebox or trailer and you will have 24hr access to toilets and showers on site.

Accommodation - jockey's rooms

The Jockey's accommodation provides a comfy bed for the evening with fresh linen provided. Each room contains four beds with personal lockable storage and ample shared toilet and shower facilities. You can choose your preference of shared, semi private or private at the time of booking (subject to availability).

Stabling

Horses will be stabled in brick build permanent stables on the race yard, which have housed many equestrian legends! Every stable has its own small storage area (possessions are stored here or in trailers/ horseboxes at your own risk). Aintree will provide a 24 hour stable manager for your safety & security.

2 bales of shavings will be provided for your stay. You are welcome to bring bags to take home any leftover bedding from your stable!

Hay/Haylage, hard feed or alternative bedding will not be provided. You will need to bring with you, wheelbarrows, mucking out equipment, water buckets, haynets etc. We'll put together a handy checklist for you to help with packing before camp. No turnout is available whilst at Camp.

Vaccinations

All horses/ponies must be in possession of a current up-to-date passport and vaccination certificate, showing it is fully up to date with all vaccinations and that a booster vaccination has been administered in the 6 months prior to arriving, but has not had any vaccination in the 6 days prior to arriving. (Further vaccination guidance can be found by consulting your vet). If you are unable to present this documentation when arriving at the event, you will be turned away and will not be eligible for any refund.



We can't wait to see you there!

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