

# Health and Safety Policy

V1 January 2024

# Policy Reference Sheet Health and Safety Policy

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	<b>Policy Component</b>	Description	Check
1	Policy Statement	This document is the British Horse Society's policy for Health and Safety.	
		The primary aim of this policy is to set out our general approach and commitment together with the arrangements we have put in place for managing health and safety at the BHS. The legal requirement to write a policy is included in the Health and Safety at Work etc Act.	
2	Policy Audience	All employees, volunteers and self-employed contractors working for BHS.	
3	Review Programme	Next review date is December 2024 Policy will be reviewed and approved by the Policy Review Group	

Sign Off	
Signed By:	Policy Review Group
Signature:	N/A
Date:	22/01/24

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#### 1. POLICY STATEMENT

### 1. Health and Safety Policy Statement

As a responsible employer, the **British Horse Society** seeks through this document to carry out all statutory duties under the Health and Safety at Work etc. Act 1974, to prepare and keep revised a written statement of Health & Safety Policy and bring this to the notice of all our employees, contractors and volunteers. This general policy statement of health & safety is the commitment of the Society to comply with current health & safety legislation.

It is the responsibility of the **British Horse Society**, together with Society management, to ensure that the working environment is safe and without significant risks to health & safety and meets the appropriate statutory requirements. It is recognised that all levels of employees, contractors and volunteers have a vital role to play in the implementation and maintenance of the health & safety programme, for the premises and other locations where employees, contractors and volunteers are at work

#### Our Statement of General Policy is to:

- take the necessary actions to enable good standards of health and safety in the Society;
- > maintain safe and healthy working conditions;
- > promote safe systems of working and safe work equipment;
- > prevent accidents and cases of work-related ill health, and provide adequate control of health and safety risks arising from work activities;
- > ensure all employees and volunteers are competent to undertake their tasks and to give them adequate training;
- > provide sufficient information, instruction, training and supervision for all employees, contractors and volunteers and trainees;
- > ensure the safe storage, handling, use and control of hazardous/dangerous substances;
- provide and maintain safe plant and work equipment;
- > engage and consult with employees, contractors and volunteers on day-to-day health and safety conditions and provide advice and supervision on occupational health issues;
- implement emergency procedures evacuation in case of fire or other significant incident;
- ensure sufficient financial resources for health, safety and welfare requirements, and contingencies.

This Society policy will be reviewed and revised at regular intervals and those changes will be brought to the notice of all our employees, contractors and volunteers.

Signed by:

Date: 28th November 2023

For and on behalf of: **The British Horse Society** 

**Date for review: October 2024** 

#### 2. MANAGEMENT AND ORGANISATION

## 2.1 Managing Health & Safety at Work

As an employer, we are aware of the need to be able to demonstrate a continuously improving health and safety management performance. It is for this reason that we have made ourselves familiar with the HSE's publication "Managing for Health and Safety" (HSG 65). It is accepted by Society management that managing health and safety is no different from managing any other aspects of our business. Therefore, we shall need to:

#### Plan

- Think about where we are now and where we need to be.
- Say what we want to achieve, who will be responsible for what, how we will achieve our aims, and how we will measure our success.
- We will measure performance by means of active and reactive indicators.
- Consider fire and other emergencies. Co-operate with anyone who shares our workplace and co-ordinate plans with them.
- Remember to plan for changes and identify any specific legal requirements that apply to our business.

#### Do

- Assess the risks, identify what could cause harm in the workplace, who it could harm and how, and what
  we will do to manage the risk.
- Decide what the priorities are and identify the biggest risks.
- Organise our activities to deliver our plan. Aim to:
- Involve workers and communicate, so that everyone is clear on what is needed and can discuss issues develop positive attitudes and behaviours.
- Provide adequate resources, including competent advice where needed.
- Decide on the preventive and protective measures needed and put them in place.
- Provide the right tools and equipment to do the job and keep them maintained.
- Train and instruct, to ensure everyone is competent to carry out their work.
- Supervise to make sure that arrangements are followed.

#### Check

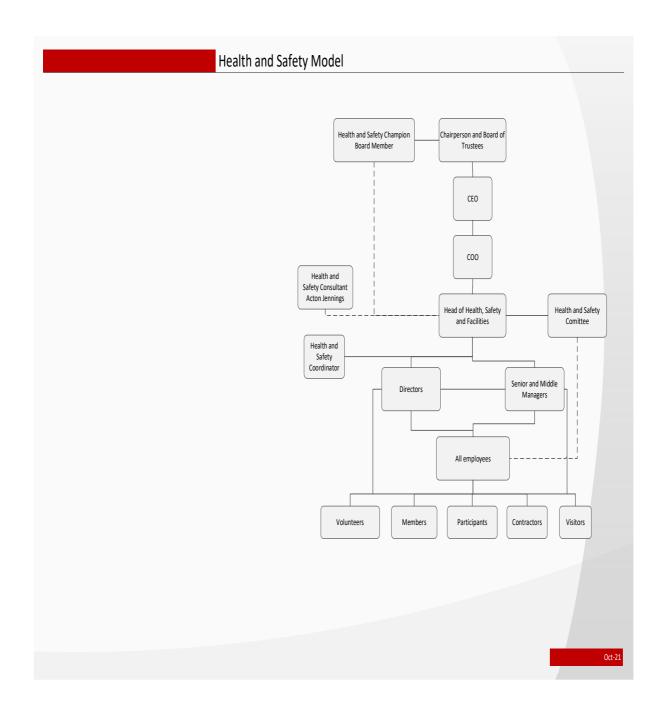
- Measure our performance.
- Make sure that our plan has been implemented 'paperwork' on its own is not a good performance measure.
- Assess how well the risks are being controlled and if we are achieving your aims.
- Investigate the causes of accidents, incidents or near misses.

#### Act

- Review our performance.
- Learn from accidents and incidents, ill-health data, errors and relevant experience, including from other organisations.
- Revisit plans, policy documents and risk assessments to see if they need updating.
- Act on lessons learned, including from audit and inspection reports.

Further, senior managers in the Society, shall take effective measures to assess periodically our health and safety management system, and make any necessary improvements, to ensure continued commitment to maintaining high standards of health and safety at work.

# 2.2 Chain of Command for Health and Safety Management



# 2.3 Responsibilities of the Board of Trustees

### Responsibilities of the Board of Trustees in Respect of Health and Safety Risks Arising from the BHS Activities

#### **Action Points**

The Board recognises that it needs to accept formally and publicly its collective role in providing health & safety leadership in the Society.

Each member of the Board must accept their individual role in providing health & safety leadership for the Society. The Board shall ensure that all decisions reflect its health & safety intentions, as articulated in this Health & Safety Policy statement.

The Board recognises its role in engaging the active participation of employees, contractors and volunteers in improving health & safety.

The Board shall ensure that it is kept informed of and alert to, relevant health & safety risk management issues.

The Board shall:

- > formally review health & safety performance (at least annually);
- > ensure that the Health & Safety Policy statement reflects current Board priorities;
- > ensure that our management systems provide for effective monitoring and reporting of health & safety performance;
- > be kept informed about any significant health and safety failures, and of the outcome of the investigations into the causes:
- > ensure that the Board address the health & safety implications of all its decisions; and
- > ensure that health & safety risk management systems are in place and remain effective.

# 2.4 Responsibilities of the Management, Supervisors & Employees and Volunteers

Overall and final responsibility for health & safety at work in the Society is that of the **Board of Trustees**. However, in practice, the performance of certain strategic duties must be jointly held and/or delegated. Therefore, day-to-day duties for ensuring that the Health & Safety Policy/safe working practices/safe systems of work, are implemented in the workplace premises, is that of/commonly held with the **Head of Health, Safety and Facilities** or **Health and Safety Coordinator**.

The Society is responsible for consideration of health, safety and welfare issues in relation to the following workplaces premises/locations/areas of activity:

2 x office buildings with meeting facilities. 1 in Kenilworth, 1 in Stirling. Office work, post room services, first aid courses, meetings. External events are held in terms of conventions, riding shows/competitions, photo shoots, stalls at events, horse welfare clinics, etc.

All employees, contractors and volunteers have a legal responsibility to co-operate with BHS supervisors and managers to achieve a safe workplace without risks to health.

The indicated person(s)/organisations hold specific duties in relation to the following matters:

Health & safety training:

Manual handling – online external
Lone working for employees, contractors, volunteers and managers – online external
Dealing with difficult conversations – external
Fire marshal – external
FAW requalification's when required – external
AED – online external
Mental health - external

Those involved with the carrying out of health & safety examinations and inspections are:

- > Appointed contractors
- ➤ H. M. Inspector of Factories from the Health & Safety Executive (HSE)
- > Officers from the Environmental Health Department (EHO) of the local authority
- ➤ the Local Fire Officer (FO)
- > the Employers' Liability Insurance
- > Employment Medical Advisory Service (EMAS is part of the HSE), and

> Acton Jennings LLP as the external 'Competent Person', acting in an advisory capacity.

The employee or volunteer involved with investigating any accidents to employees and volunteers is the **Head of Health, Safety and Facilities** or **Health & Safety Coordinator**.

There is regular PPM of plant and work equipment **provided by external competent contractors**.

The employee or volunteer who takes care of technical information relating to machinery and work equipment is **Facilities Manager** or **Head of Health, Safety and Facilities**.

The person responsible for the safe keeping of health, safety and fire safety documentation is **Head of Health, Safety and Facilities, Facilities Manager** and **Health and Safety Coordinator**.

All employees and volunteers must also take reasonable care of themselves and others who might be affected by their activities.

Whenever an employee, contractor or volunteer observes a health and safety problem, or other defect which they are unable/not authorised to correct, then they must immediately inform the Head of Health, Safety and Facilities or Health and Safety Coordinator.

<u>See also: 'Duties of Employees, Contractors and Volunteers', 'Unsatisfactory Health & Safety Conduct and Gross Misconduct', 'Health & Safety Rules'</u>

# 2.5 Duties of Employees, Contractors and Volunteers

All employees, contractors and volunteers have responsibilities and duties under health and safety laws.

Section 7 of the Health and Safety at Work etc. Act 1974 states:

'It shall be the duty of every employee, contractor or volunteer while at work-

- (a) to take reasonable care for the health and safety of himself and of other persons who may be affected by his acts or omissions at work; and
- (b) as regards any duty or requirement imposed on his employer or any other person by or under any of the relevant statutory provisions, to co-operate with him so far as is necessary to enable that duty or requirement to be performed or complied with'.

Section 8 states:

'No person shall intentionally or recklessly interfere with or misuse anything provided in the interests of health, safety and welfare in pursuance of any the relevant statutory provisions'.

Regulation 14 (1) of the Management of Health and Safety at Work Regulations states:

'Every employee, contractor or volunteer shall use any machinery, equipment, dangerous substance, transport equipment, means of production or safety device ... in accordance both with any training in the use of the equipment ... and the instructions ... which have been provided to him ....'

Regulation 14 (2) states:

'Every employee, contractor or volunteer shall inform his employer or any other employee or volunteer of that employer with specific responsibility for the health and safety of his fellow employees, contractors and volunteers –

- (a) of any work situation which a person with ... training and instruction would reasonably consider represented a serious and immediate danger to health and safety; and
- (b) of any matter which a person with ... training and instruction would reasonably consider represented a shortcoming in the employer's protection arrangements for health and safety ...'

### 2.6 Unsatisfactory Health & Safety Conduct and Gross Misconduct

Failure to comply with health and safety duties, legal requirements, and safe systems of work and work rules, on the part of any employee, contractor or volunteer, and an attitude of non-co-operation with their employer, can lead to disciplinary action. Health and safety breaches, which endanger the life of any person, or which create a risk of major ('specified') injury will be classified as gross misconduct making the employee, contractor or volunteer liable to dismissal.

#### **Gross Misconduct**

Note. An employee, contractor or volunteer may be liable to summary dismissal if they are found to have acted in one of the following ways:

- > unauthorised removal, misuse of, or interference with any guard or protective/protection device;
- unauthorised operation of any item of plant or work equipment;
- unauthorised entry into confined spaces;
- > wilful damage to, misuse of, or interference with, any item provided in the interests of health and safety or welfare at work:
- > unauthorised and intentional removal of any warning sign, notice or other signage provided by their employer in the interest of health and safety at work;
- > the misuse of chemicals, inflammables or toxic substances:
- > the misuse of any item of safety equipment, fittings, fixtures, components, or mechanical plant;
- > the use of any type of forklift truck, other mobile plant, or mobile elevated working platform, without training and authorisation:
- found to be consuming alcohol or taking unauthorised drugs, or being under the influence of alcohol or drugs, whist at work

#### This list is not exhaustive.

### 2.7 Health and Safety Rules: All Employees, Contractors and Volunteers

# **Accidents and Occupational Health**

### All employees, contractors and volunteers must:

- Notify their immediate supervisor of any accident, near miss incident, or case of illness, which caused or could have led to personal injury, or property damage.
- > Report any dangerous occurrences or near miss incidents to management without delay and to be available as a witness.
- > Seek medical treatment from the trained first aider/s, for any injury sustained and ensure this is recorded in the Accident Book, B.I. 510.
- > Report to their supervisor any medical condition that could affect their wellbeing as well as the health of other persons.
- > Co-operate with their employer to enable implementation of occupational health and medical programmes.

#### **Controls for Hazardous Substances**

Note. Technical information concerning the health risks and controls for potentially hazardous substances an employee, contractor or volunteer may have to use, will be made available for all employees, contractors and volunteers.

## **Electrical Safety**

## All employees, contractors and volunteers must:

- Keep electrical equipment, plugs and leads in a good state of repair.
- > Report all faults without delay to their immediate supervisor.
- Not attempt to carry out any repairs on electrical equipment unless qualified to do so.

# **Fire Precautions and Emergency Situations**

# All employees, contractors and volunteers must:

- > Store highly flammable and flammable liquids in the correct manner.
- Not obstruct any fire doors, fire exits, fire route ways, aisles, stairways, corridors or extinguishing equipment.
- > Obey Society and site rules on smoking restrictions at work.
- > Report any defect associated with equipment or if it has been necessary to discharge extinguishing equipment.
- > Follow the laid down emergency procedures including fire safety arrangements.
- > Stop work and any running machinery and proceed to a place of safety in the event of being exposed to serious and imminent danger.
- Never leave stock or other equipment about the premises in any way, which might cause a hazard.
- Make themselves aware of the position of fire exits, water points and extinguishers, and understand the wording of the operating instructions.
- > In the event of a fire, assemble in the external area away from the building and any potential hazards. Do not attempt to re-enter the building.

# **Lifting Equipment**

### All employees, contractors and volunteers must:

- Ensure that they are authorised and competent to use the lifting equipment safely.
- > Always make sure that lifting accessories are in a safe condition and properly stored when not in use.
- > Always ensure that lifting operations are planned before attempting them and ensure that the area is clear of personnel and obstructions.
- Always leave lifting equipment in a safe condition and properly parked to avoid injury risks.

# **Manual Handling**

## All employees, contractors and volunteers must:

- Always adopt and carry out the best possible means of lifting.
- Receive assistance if they have doubt as to whether they are able to move the article or substance safely.
- > Take extra care when moving objects up and down stairs or through doorways.
- Make sure they have clear vision when carrying bulky/large objects.
- > Use mechanical lifting aids and devices provided.
- > Report any defective handling equipment, and ensure equipment is not used until repaired.
- > Wear protective clothing when carrying dangerous substances.
- > Never sit or climb on any mobile equipment.

## Personal Protective Equipment (PPE) and Clothing

# All employees, contractors and volunteers must:

- > Use all PPE provided in the correct manner, including respiratory protection, safety harnesses and rescue equipment.
- > Store and maintain the PPE provided in accordance with training and instructions.
- Report any defects, damage, loss etc. to the PPE provider.
- > Always wear safety footwear at work and eye protection when required.

## **Signs and Notices**

#### All employees, contractors and volunteers must:

Observe and act upon any signs or notices displayed within the working environment.

Employees and volunteers will need to be aware of the following types of signs and notices:

- > Prohibition signs, e.g. 'No Entry'
- Mandatory signs, e.g. 'Wear Eye Protection'
- Warning and hazard signs, e.g. 'Danger- Work in Progress'
- > Safe condition signs, e.g. 'Fire Exit'
- > Signs relating to fire and emergency actions and notices informing of first aid arrangements
- > The HSE placard 'Health and Safety Law What you should know'.

# **Systems of Safe Working**

### All employees, contractors and volunteers must:

- Report to their immediate supervisor any defect, fault, damage or malfunction associated with the work equipment provided and submit a formal defect report sheet where appropriate.
- Make proper use of any guarding arrangement designed to protect a danger zone.
- > Observe all laid down systems for safe working or other safe operating procedures.
- > Return any hazardous substances and any cleaning agents to the designated storage area at the end of the shift or working day.
- > Use chemicals and substances in accordance with their initial training and information contained in the Product Data Sheets.
- > Keep long hair tied back when using machinery.
- Ensure that loose clothing is kept fastened and away from machinery.

#### Employees, contractors and volunteers must not:

- > Operate work equipment provided for use without having received the necessary training and instructions, as well as the authorisation to do so.
- > Clean any item of work equipment, which is in motion, which could give rise to danger.
- Leave work equipment unattended whilst in motion.
- ➤ When less than 18 years of age (a 'young person' for the purpose of health and safety law), shall not operate any dangerous work equipment, unless they have close supervision and have received the necessary training, following a suitable and sufficient assessment of risk.
- > Carry out repairs, adjustments, modifications etc. unless they are competent to do so and have been so authorised.

Note. Technical information concerning the machinery you might have to use is kept with **Facilities Manager** and **Head of Health, Safety and Facilities and located in the FM desk cabinets**.

# **Transport**

#### Employees, contractors and volunteers must not:

- > Drive or operate vehicles for BHS business whilst unfit or unwell as advised by a medical professional.
- Convey waste materials without proper 'Duty of Care' notification.
- Overload vehicles.
- > Use vehicles for any unauthorised purposes.
- > Drive or operate a vehicle should they not hold an appropriate class of driving licence or other permit.
- > Operate a forklift truck, or similar moving mechanical plant, unless properly trained and authorised to do so.

### All employees, contractors and volunteers must:

- > Carry out daily checks on their vehicles for BHS business prior to use, in accordance with the recognised checking procedures provided by the manufacturer or other manuals.
- Use reversing hazard warning horns where fitted.

> Be aware of, understand and always follow the current requirements of the Highway Code.

#### Stock

#### All employees, contractors and volunteers must:

- > Stack goods evenly with heavier items at the bottom and lighter goods on top.
- > Use proper ladder access to reach higher storage levels in safety.

#### **Working Practices**

#### Access

- Clear access ways must be always maintained.
- No designated fire exit door or fire pathway is to be blocked or otherwise obstructed.

# Storage

Stock should not be stacked in such a manner that it will necessitate persons to over-stretch.

# Waste Disposal

- Waste materials etc. must not be left in such a position, where it will cause an obstruction or a fire hazard.
- > Bins should not be over filled.
- > Bins should be emptied into the skip provided.
- > Any waste that is defined as controlled waste must be placed in the appropriate container for disposal by waste carriers.
- ➤ Waste materials e.g. paper /rag wipes, contaminated with flammable liquid or similar solution must be deposited immediately after use within the designated fire-resistant waste bin which, in turn, must be effectively lidded or otherwise suitably enclosed.

#### **Work Environment**

#### All employees, contractors and volunteers must:

- Take all necessary protective measures to prevent pollution to the environment, e.g. by preventing chemicals entering sewers and watercourses.
- Maintain high standards of housekeeping throughout the premises.
- > Leave waste materials and substances at the stipulated disposal point, in accordance with the waste management policy.
- > Clean up any spillages without delay, following the correct procedure.
- > Keep their working environment, associated stairways, landings and passageways, clear of obstructions and in a clean and tidy condition.
- Make full and proper use of all work equipment selected and provided for their use, in accordance with their training and instructions, to control risks in the workplace.
- Notify their immediate supervisor of any hazardous situation, without delay.

#### 2.8 Site Working and Visits to Customer Premises

As part of their work activities on behalf of the BHS, our employees and volunteers may visit other locations for meetings, shows, events, conventions or to meet colleagues based in other areas of the UK. Occasional visits abroad to assess riding schools.

Clearly, therefore, there are health & safety implications relating to our employees and volunteers on workplace premises controlled by another employer/s.

Employees, Contractors and Volunteers on Sites: The Management of Health and Safety at Work Regulations 1999. The Conduct of employees, contractors and volunteers of the Society on premises controlled by another Employer

Note. All employees, contractors and volunteers are expected to comply with the following, i.e. to:

- > follow all health & safety/site rules (including fire safety arrangements) laid down by the Occupier of the premises:
- > follow all laid down safe systems of work and safe methods of working;
- > use potentially hazardous substances in accordance with health & safety data sheets and the recognised control measures:
- > use suitable work equipment for the tasks in hand that have no obvious fault or other defect;
- report any defective work equipment provided by the host employer and not to use any item of defective equipment;
- > take extra care and adequate precautions when access is required in the vicinity of moving machinery;
- be careful and vigilant when within a factory environment and when in relatively close proximity to hazardous machinery and work equipment;
- > act upon all reasonable instructions issued and information provided by the host employer;
- > provide the host employer with information/risk assessments concerning the health and safety implications of the work tasks being undertaken on site;
- > co-operate with the host employer and his employees and volunteers at all times when on the premises;
- > behave in a responsible manner at all times;
- > to report all accidents, dangerous occurrences, near misses on site, or any case of ill health.

# Employees and Volunteers who are Field Based Home Working (WHERE APPLICABLE)

Note. All home working employees and volunteers are expected to comply with the following, i.e. to:

- > take reasonable care of their own health and safety, and that of other persons who might be affected by your work activities;
- undertake DSE workstations assessments as required by the employer;
- > use all work equipment provided in accordance with any information, instructions and training;
- inform their Line Manager or Supervisor of any perceived shortcomings or risks associated with working from home;
- report any accidents arising out of working at home to the BHS management;
- > attend any meetings or training sessions at the BHS registered Offices, upon receiving a reasonable request;
- > conduct a visual inspection of portable electrical appliances in accordance with their instructions and information.

Note. Where it is deemed necessary, members of the management team or Health and Safety Advisor may be required to visit the residence of a Home Worker, in order to undertake risk assessments or to discuss relevant issues.

#### 3. GENERAL ARRANGEMENTS

# 3.1 Accidents, First-Aid Arrangements and Work-Related III Health

The Society recognises the importance of having suitable and sufficient first-aid arrangements within the workplace. First-aid treatment can play a vital part when someone has been injured and may mean the difference between life and death.

Through the procedure of risk assessment, to include our site working, the Society provides what we consider to be suitable and sufficient first aid facilities. This includes the provision of first aid materials (boxes etc.) and trained employees and volunteers.

#### First-aid boxes

Boxes are situated in the kitchen and reception at Kenilworth and the kitchen at Stirling.

#### **Trained Persons**

The Society ensures there are enough trained first aiders both at Kenilworth and Stirling and sufficient trained first aiders are present for external events.

All certificates are valid at this time and refresher training is provided as and when required.

#### **Site Working**

Employees, contractors and volunteers obviously work on various site locations as part of their normal job. First aid packs are provided for each BHS fleet vehicle and we ascertain if first aid treatments will be available via the Host Employer. In our experience, this is the case.

Site based employees, contractors and volunteers have also been instructed to seek A&E Hospital services if ever required.

All accidents and cases of work-related ill health must be recorded in the accident book. The accident book BI 510/accident records are kept in the **kitchen at Kenilworth and Stirling**.

## 3.2 Reporting Procedures: Notification - RIDDOR 2013

From 12 September 2011, statutory reporting to the Health and Safety Executive (HSE) of work-related injuries and incidents under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR), transferred to a predominantly online system. Revised online forms are now available for reporting purposes. Employers no longer report incidents by email, post or by fax.

However, 'specified injuries' and fatal events can still be reported to HSE by telephone. The HSE recognise that certain specified injuries or fatal incidents are traumatic and have retained a telephone service for those persons having to make these reports (but see also below).

# Types of reportable incidents

#### **Deaths and injuries**

If someone has died or has been injured because of a work-related accident this may have to be reported. Not all accidents need to be reported, other than for certain <u>gas incidents</u>, a RIDDOR report is required only when:

- > the accident is work-related
- > it results in an injury of a type which is reportable

## Types of reportable injury

## The death of any person

All deaths to workers and non-workers, with the exception of suicides, must be reported if they arise from a work-related accident, including an act of physical violence to a worker.

#### 'Specified injuries' to workers

The list of 'specified injuries' in RIDDOR 2013 replaces the previous list of 'major injuries' in RIDDOR 1995. Specified injuries are (regulation 4):

- > fractures, other than to fingers, thumbs and toes
- > amputations
- > any injury likely to lead to permanent loss of sight or reduction in sight
- > any crush injury to the head or torso causing damage to the brain or internal organs
- > serious burns (including scalding) which:
- covers more than 10% of the body
- causes significant damage to the eyes, respiratory system or other vital organs

- > any scalping requiring hospital treatment
- > any loss of consciousness caused by head injury or asphyxia
- > any other injury arising from working in an enclosed space which:
- leads to hypothermia or heat-induced illness
- requires resuscitation or admittance to hospital for more than 24 hours

# 'Over-seven-day' incapacitation of a worker

Accidents must be reported where they result in an employee or volunteer or self-employed person being away from work, or unable to perform their normal work duties, for more than seven consecutive days as the result of their injury. This seven-day period does not include the day of the accident but does include weekends and rest days. The report must be made within 15 days of the accident.

# 'Over-three-day' incapacitation

Accidents must be recorded, but not reported where they result in a worker being incapacitated for more than three consecutive days. If you are an employer, who must keep an accident book under the Social Security (Claims and Payments) Regulations 1979, that record will be enough.

# Non-fatal accidents to non-workers (e.g. members of the public)

Accidents to members of the public or others who are not at work must be reported if they result in an injury and the person is taken directly from the scene of the accident to hospital for treatment to that injury. Examinations and diagnostic tests do not constitute 'treatment' in such circumstances.

There is no need to report incidents where people are taken to hospital purely as a precaution when no injury is apparent.

If the accident occurred at a hospital, the report only needs to be made if the injury is a 'specified injury' (see above).

#### Occupational diseases

Employers and self-employed people must report diagnoses of certain occupational diseases, where these are likely to have been caused or made worse by their work: These diseases include (regulations 8 and 9):

- > carpal tunnel syndrome;
- > severe cramp of the hand or forearm;
- > occupational dermatitis;
- hand-arm vibration syndrome;
- occupational asthma;
- > tendonitis or tenosynovitis of the hand or forearm;
- > any occupational cancer;
- > any disease attributed to an occupational exposure to a biological agent.

### **RIDDOR Reporting on COVID-19**

There is <u>no requirement</u> under RIDDOR to report incidents of disease or deaths of members of the public, patients, care home residents or service users from COVID-19. The reporting requirements relating to cases of, or deaths from, COVID-19 under RIDDOR apply only to <u>occupational exposure</u>, that is, as a result of a <u>person's work</u>.

# **Dangerous Occurrences**

Dangerous Occurrences are certain, specified near-miss events. Not all such events require reporting. There are 27 categories of dangerous occurrences that are relevant to most workplaces, for example:

- > the collapse, overturning or failure of load-bearing parts of lifts and lifting equipment;
- > plant or equipment coming into contact with overhead power lines;
- > the accidental release of any substance which could cause injury to any person.

#### **Gas Incidents**

Distributors, fillers, importers & suppliers of flammable gas must report incidents where someone has died, lost consciousness, or been taken to hospital for treatment to an injury arising in connection with that gas. Such incidents should be reported using the <u>Report of a Flammable Gas Incident - online form</u>.

Registered gas engineers (under the Gas Safe Register,) must provide details of any gas appliances or fittings that they consider to be dangerous, to such an extent that people could die, lose consciousness or require hospital treatment. The danger could be due to the design, construction, installation, modification or servicing of that appliance or fitting, which could cause:

- an accidental leakage of gas;
- incomplete combustion of gas or;
- > inadequate removal of products of the combustion of gas.

### 3.2.1 Incident Reporting

The HSE Incident Contact Centre (ICC - see also below) will take reports of fatal and specified injuries by telephone, but persons reporting all other incidents must now submit an online form, available on the HSE's website.

#### 3.2.2 Online Forms

The online forms are:

> F2508 Report of an Injury

> F2508 Report of a Dangerous Occurrence

F2508A Report of a Case of DiseaseOIR9B Report of an Injury Offshore

> OIR9B Report of a Dangerous Occurrence Offshore

F2508G1 Report of a Flammable Gas Incident
 F2508G2 Report of a Dangerous Gas Fitting

The 'Responsible Person' (under 'RIDDOR'), for reporting of 'specified injuries', fatalities, cases of incapacity, 'reportable work-related illness' and specific 'dangerous occurrences' is the **Head of Health, Safety and Facilities** or **Health and Safety Coordinator.** 

## 3.2.3 The HSE Incident Contact Centre (ICC)

The telephone number of the above establishment is **0345 300 9923** 

### 3.3 Accident Investigation Guidelines -

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health & Safety Policy Accident Investigation Guidelines.docx

Volunteers <a href="https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/">https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/</a>

Contractors (assessors) – please access the Assessor Documents area on the BHS website.

# 3.4 Accident Investigation Procedure –

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health& Safety Policy Accident Investigation Procedure.docx

Volunteers <a href="https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/">https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/</a>

Contractors (assessors) – please access the Assessor Documents area on the BHS website.

#### 3.5 Health Surveillance

Employees, contractors and volunteers will be provided with appropriate and suitable health surveillance, if assessed as being necessary, to safeguard their health, and protect them whilst they are at work. Health surveillance will likely be required if the following aspects apply:

- 1. is the work our employees, contractors and volunteers carry out known to damage health in some particular way?
- 2. do we know/are we aware of valid ways to detect the disease or condition?
- 3. is it reasonably likely that the damage to health could occur under the conditions at work?
- 4. is health surveillance likely to benefit the employee, contractor or volunteer?

# An example of the above criteria being met

- 1. High noise levels are known to cause hearing loss.
- 2. A valid technique (hearing tests) can detect the effect of noise on the hearing of individuals who work in noisy conditions.
- 3. The risk of hearing damage relates to the carrying out of an adequate noise assessment.
- 4. Hearing tests will benefit employees and volunteers by identifying those at risk, so that measures can be taken to protect them and improve working conditions.

### **Current/Planned Arrangements**

The health surveillance programme will be planned by the appointed person when required.

There are no arrangements in place at this stage.

#### 3.6 Consultation with Employees, Contractors and Volunteers

The Society is aware of the requirements of the Health and Safety (Consultation with Employees and volunteers) Regulations 1996. The Society shall implement all the requirements in the most effective, sensible and practical manner, in relation to all employees and volunteers and their places of work.

#### The Duty of an Employer to consult

In accordance with the demands of this legislation, employees, contractors and volunteers who are not represented by safety representatives shall be consulted in good time on matters relating to their health and safety at work. Such matters shall cover:

- > the introduction of measures which may substantially affect the health and safety of employees, contractors and volunteers;
- arrangements for nominating/appointing competent persons;
- health and safety information to be provided;
- > the planning and organisation of any health and safety training required to be provided; and
- > the health and safety consequences concerning the introduction of new technologies into the workplace.

#### Persons to be consulted

The BHS shall consult with its employees, contractors and volunteers by means of a **Health & Safety Committee**, **Education Team** and **Volunteer Team** – using emails, virtual direct meetings, or face to face.

It is however, for the Society to determine the most effective and appropriate manner of consulting employees, contractors and volunteers on health, safety and welfare matters.

#### The Provision of Information

The Society is aware of its obligations to provide sufficient information to those employees, contractors and volunteers who are consulted by direct means.

#### **Health and Safety Concerns**

Any employee, contractor or volunteer can raise matters of concern with regard to health and safety at work. In the first instance they should liaise with their **Line Manager**, **Head of Health**, **Safety and Facilities**, **Health and Safety Coordinator**, the **People Team**, **Facilities Manager**.

#### 3.7 Contractors and Visitors

#### **Use of Contractors**

When appointing contractors, we will identify the salient aspects of the work that the Society wants the contractor to do and consider the health and safety implications of the job we want done. This will involve:

- > Assessing the risks
- > Deciding what information, instruction and training is required
- > How co-operation and co-ordination will be achieved
- ➤ How all parties will be consulted?
- > The level of supervision and monitoring required.

Selection of contractors is fundamental and the Society will ensure that all contractors appointed will be competent to do the job safely and without risks to health and safety. The following factors will be included within the Societies selection policy:

- > The experience they have
- > Evidence of health and safety policies and procedures
- > Information about their health and safety performance
- > The qualifications and skills that they have
- > Evidence of their safety method statement
- > The health and safety training they provide
- > Their arrangements for consulting the workforce
- > Any membership of relevant trade or professional body
- > Evidence of any references.

# **Co-operation and co-ordination**

We will make arrangements to ensure co-operation and co-ordination between all parties to ensure the health and safety of all the workplace and anyone else likely to be affected. This may take the form of regular meetings/briefings or a liaison person may be appointed by the Society.

#### **Organisation House Rules**

The Society shall attempt to ensure that visitors and contractors abide by any internal rules and any other safety procedures in force. In this respect, the Society will inform such persons of the rules for visitors upon their arrival and alert visiting contractors about the nature of hazards associated with their work tasks.

The Society will make suitable arrangements for the effective management and monitoring of contractors depending on the scope of the work to be undertaken.

#### **Rules for Visitors**

- All visitors are required to report to **Reception** upon their arrival to the premises.
- > All visitors must sign in and out using the digital signing in system located at reception.
- > Health & Safety information will be given to all visitors via the digital login system.
- > All visitors must be escorted at all times on site.
- Visitors are expected to comply with the BHS Health and Safety Policy and with good safety practices at all appropriate times.
- > Visitors are required to wear items of PPE where risk assessment deems it necessary.

### 3.8 Control of Substances Hazardous to Health ('COSHH')

The Health and Safety at Work etc. Act 1974 (HASWA) states that every employer shall make:

"...arrangements for ensuring, so far as is reasonably practicable, safety and absence of risk to health in connection with the use, handling, storage and transport of articles and substances...".

The Control of Substances Hazardous to Health Regulations 2002 ('COSHH') (as amended in 2004), amplify and extend this general duty to all substances hazardous to health, except in few special cases such as lead and asbestos.

Both our Kenilworth and Stirling premises engage the services of a contract cleaner. **The Head of Health, Safety and Facilities, Facilities Manager** and **Health and Safety Coordinator** ensures that due diligence has been carried out to ensure that the contract cleaner manages the risks associated with the substances they use. COSHH Materials Safety Data sheets for all substances and assessments are with the contract cleaner.

These are made available to the contract cleaner employees for their information and protection.

The contract cleaning Organisation is responsible for identifying all substances that require a COSHH assessment.

### 3.9 Display Screen Equipment (DSE) Workstations

It is the policy of the Society to provide a safe and healthy working environment for employees, contractors and volunteers, including particular measures to protect their health and safety when they are working with display screen equipment (DSE) workstations.

The Society will fulfill its obligations to employees, contractors and volunteers by:

- > carrying out the assessments of workstations, using a self-assessment approach, supported by management and also Acton Jennings LLP as required;
- > the provision of suitable work equipment;
- the provision of information and training for our 'users';
- > the provision of 'eye and eyesight testing' for those users, and by the provision of spectacles where these are required solely and specifically for DSE work;
- > making arrangements for regular breaks for employees, contractors and volunteers working with DSE, as determined with the user/s.

The main legislation which is relevant to this subject is the Health and Safety (Display Screen Equipment) Regulations 1992 (amended 2002).

Arrangements are in place for workers to have breaks/changes of activity.

Arrangements are also in hand for suitable and sufficient DSE risk assessments to be conducted and reviewed accordingly.

# **DSE: Review of Assessment**

The DSE assessment or relevant parts of it should be reviewed in the light of changes to the display screen worker population, or changes in individual capability and where there has been some significant change to the workstation, such as:

- > a major change to the software used
- > a major change to the hardware (screen, keyboard, input devices etc.)
- > a major change in workstation furniture
- > a substantial increase in the amount of time required to be spent using DSE
- > a substantial change in other task requirements (e.g. more speed or accuracy)
- > the workstation is relocated
- > the lighting is significantly modified.

Assessments would also need to be reviewed if research findings indicated a significant new risk or showed that a recognised hazard should be re-evaluated.

Additionally, arrangements are in place for DSE 'users' to be provided with eye and eyesight tests and examinations and the provision of special spectacles if required. The organisation normally carrying out these services upon request is any qualified optician.

#### Workstation and Lap Top Setup/Posture

Refer to the DSE Awareness Training on BHS Wise for the recommended ergonomic workstation/lap top setup and posture.

# 3.10 Electrical Equipment/Systems: Checks, Inspections, Repairs and Testing Hazards

The three main hazards are contact with live parts, fire and explosion.

We shall therefore assess the risks from the use of electricity in our work activities and use suitable precautions to ensure control those risks.

#### **Maintenance**

We appreciate that all electrical equipment, wiring installations, generators or battery sets, and everything connected to them, must be maintained to prevent danger. This means that we need to carry out checks, inspections, repairs and testing as necessary.

Any persons carrying out electrical work on behalf of the Society will be competent to carry it out safely. Should we use the services of an outside contractor, we will ensure that they belong to an accredited body, such as the National Inspection Council for Electrical Installation Contracting (NICEIC). Arrangements are in place for the on-going visual inspections of electrical equipment and combined electrical inspection and testing by the **Head of Health, Safety and Facilities Manager**.

All portable electrical appliances are electrically inspected and maintained by: **an externally appointed competent person, with records kept.** In this way, the Society believes it will be fulfilling its legal obligation to 'maintain' electrical equipment/systems as required by law.

Mains Electrical Installation – the wiring systems are subjected to periodic thorough examinations and testing by Igloo Commercial Services Limited

**Portable Electrical Appliances -** are subjected to periodic thorough examinations and testing by **HMC Compliance Limited**.

### Inspections of Plugs, Cables, Leads and Portable Electrical Appliances

This is a defined responsibility of the **Facilities Manager** and **IT team**.

However, all employees, contractors and volunteers are required to be vigilant with regard to portable electrical equipment and report any defects observed. The objective of this exercise is to look for any loose connections and related faults.

Note. Any defects/faults or electrical uncertainties must be brought to the immediate attention of the **Facilities**Manager and IT Team without delay. All repairs shall be attended to by a competent person. Any electrical defects detected, shall lead to the item of equipment being immediately withdrawn from work activities, until it has been examined and verified as being safe to use by a competent person.

### 3.11 Fire Policy and Workplace Safety

This Society will strive to achieve a fire safe working environment for the protection of employees, contractors and volunteers, visitors, and any other persons who may be affected, through the implementation of the relevant fire Regulations, i.e. the Regulatory Reform (Fire Safety) Order 2005, which came into force on 01 October 2006.

We shall aim to:

- > identify through proper assessment the risk to persons from fire and also dangerous substances;
- evaluate the level of risk to persons on the premises and then to reduce the risk to as low a level as is reasonably practicable;
- > record any significant findings and inform employees, contractors and volunteers and all other relevant persons of any risks identified;
- > strive to ensure a safe place of work with effective and maintained means of escape in the event of a fire;
- > inform, instruct and train relevant people as to the actions they must take in the event of a fire occurring.

Periodically, the risk from fire will be re-assessed to ensure that the findings are still effective and appropriate in the prevailing circumstances.

#### **Employees, Contractors and Volunteers**

Employees, contractors and volunteers are required under Article 23 of the Order to take reasonable care of their own, and the safety of other persons, who may be affected by their actions. Employees and volunteers are required to co-operate with their employer, or other manager appointed, in order for the Society to fulfil its legal duties under this legislation.

The Society believes in the achievement of a fire safe workplace through the co-operations of the management and employees and volunteers and encourages the active involvement of its workforce to achieve a safe workplace.

BHS management have the ultimate responsibilities for fire safety planning/risk assessments, and for fire precautions in the event of a fire emergency. This applies to all of the Society premises.

#### Responsibilities

**Head of Health, Safety and Facilities, Facilities Manager** and **Health and Safety Coordinator** has overall responsibility for fire safety standards and safe arrangements at the Organisation premises at both Kenilworth and Stirling.

The fire assembly point has been identified and established and is located;

- Kenilworth entrance to the staff car park
- Stirling overflow carpark on first lamp post to the left

Working areas must be kept tidy and all escape routes/fire exits un-obstructed. This matter will be the responsibility of all employees, contractors and volunteers.

A competent person examines fire-fighting equipment on an annual basis. The contractor attending to this matter is **MFE Limited**.

A fire alarm system is in operation that has smoke/heat sensors and can also be manually activated. The alarm emits a **siren** when activated.

All fire related documentation is kept with the **Head of Health, Safety and Facilities, Facilities Manager** and **Health and Safety Coordinator**. Located in FM cabinets.

The fire extinguishers are located in designated areas within the workplace premises.

Fire risk assessments are carried out by **Igloo Commercial Services Ltd** and implemented by the **Head of Health, Safety and Facilities and Facilities Manager**.

Designated individuals have received fire safety training for both our Kenilworth and Stirling premises.

Note. Fire hazards must be reported without any delay. In the first instance, an employee or volunteer should report to Head of Health, Safety and Facilities, Facilities Manager and Health and Safety Coordinator.

Fire Marshalls for our workplace have been duly nominated.

## 3.12 'Health and Safety Law: What Employees and Volunteers Should Know'

This part of the Health & Safety Policy is a brief guide to health and safety law. It does not describe the law in detail, but it does list the key points.

Law protects health, safety and welfare at work. As an employer, the Society has a duty to protect employees, contractors and volunteers and to keep them informed about health and safety in the workplace/s. We have a clear duty under the law to ensure, so far as reasonably practicable, the health, safety and welfare at work of employees, contractors and volunteers. We are also clear about our obligations to provide employees, contractors and volunteers with all relevant information concerning these important matters. Employees, contractors and volunteers have a responsibility to look after themselves and others. If there is a problem, an employee, contractor or volunteer must discuss the matter with their immediate supervisor in the first instance.

# In general, these duties include-

- > making the workplace safe and without risks to health.
- > ensuring that plant and machinery are safe and those safe systems of work are set and followed.
- > ensuring that articles and substances are moved, stored and used safely.
- providing adequate welfare facilities.
- providing sufficient information, instruction, training and supervision necessary for health and safety.

# In particular, as an Employer, the Society must also-

- assess the risks to their employees, contractors and volunteers' health and safety;
- > make arrangements for implementing the health and safety measures identified as being necessary by the assessment:
- record the significant findings of the risk assessment and also the arrangements for health and safety measures:
- > draw up a health & safety policy statement, including the health and safety organisation and arrangements in force, and bring it to the attention of all employees, contractors and volunteers;
- > appoint someone competent to assist with health and safety responsibilities, and consult employees, contractors and volunteers, or their safety representative about this appointment;
- > co-operate on health and safety with other employers sharing the same workplace;
- > set up emergency procedures;
- provide adequate first- aid facilities;
- make sure that the workplace satisfies health, safety and welfare requirements, e.g. for ventilation, temperature, lighting, sanitary, washing and rest facilities;
- > make sure that work equipment is suitable for its intended use, so far as health and safety is concerned, and that it is properly maintained and used;
- > prevent or adequately control exposure to substance hazardous to health;
- > take precautions against danger from flammable or explosive hazards, electrical equipment, noise and radiation:
- > avoid hazardous manual handling operations, and where they cannot be avoided, reduce the risk of injury;
- provide health surveillance as appropriate;
- > provide free any protective clothing or equipment, where risks are not adequately controlled by other means;
- > ensure that the appropriate safety signs are provided and maintained;
- report certain injuries, diseases and dangerous occurrences to the appropriate health and safety enforcing authority;
- > consult employees, contractors and volunteers about matters affecting their health and safety.

#### As an Employer the Society has duties to –

- > take precautions against fire;
- provide adequate means of escape;
- > provide suitable means for fighting fire.

# All Employees, Contractors and Volunteers have legal duties. These include –

- > taking reasonable care for their own health and safety and that of others who may be affected by what they do or do not do:
- > co-operating with their employer on health and safety;
- > correctly using work items provided by their employer, including personal protective equipment, in accordance with training or instructions;
- > not interfering with or misusing anything provided for their health, safety or welfare.

If an employee, contractor or volunteer thinks there is a health and safety problem in their workplace, they should first discuss it with a **Supervisor** or **Manager**.

If a problem appears to persist and there is a risk of injury and an employee or volunteer still has doubts or questions about health, safety and welfare matters, then they should not hesitate to contact **Head of Health, Safety and Facilities, Facilities Manager** or **Health and Safety Coordinator** without delay.

The 'Health and Safety Law What You Should Know' poster is displayed in both our Kenilworth and Stirling premises.

Health and safety advice is available from:

- > appointed contractors
- ➤ H M Inspector of Factories (HSE)
- > the local authority Environmental Health Officer (EHO)
- Advisors from the Employment Medical Advisory Service (EMAS)
- the local Fire Officer (FO).
- > the Employers' Liability Insurance Engineer Surveyor;
- > Acton Jennings LLP as the external competent person, using the 24 hours' advice line.

The effective training and supervision of young worker's/students/trainees will be arranged, undertaken and monitored by the **People Team** and the **Head of Health, Safety and Facilities**.

### 3.13 Health & Safety: Professional Services

### Why Health and Safety at Work is important to the British Horse Society?

Workplace injury and ill-health are expensive, for these reasons:

- > Employees, contractors and volunteers a most valuable resource are incapacitated or work below par;
- accidents can cause damage and disrupt plant and equipment;
- management time is used unproductively in investigation and remedy;
- work schedules are disrupted and valuable time is lost;
- > conviction for a criminal offence results in fines and bad publicity;
- > Civil liabilities can be substantial and the trend is towards larger settlements even if awards are covered by insurance, premiums go up and up.

### **Health & Safety: Professional Services**

Good consultants can be effective in helping to achieve compliance with health and safety legislation. In this respect, we have appointed Acton Jennings LLP as the external 'competent person', in accordance with regulation 7 of the Management of Health and Safety at Work Regulations 1999, to ensure access to competent help in applying the provisions of health and safety laws.

The main contacts are:

Mr Peter W. Jennings MSc; CMIOSH

> Mr John Longfield Tech IOSH

## 3.14 Health and Safety Risks arising from Work Activities

#### **Risk Assessments**

The Society is aware that risk assessments are required by the Management of Health and Safety at Work Regulations 1999 and that there must be a record of the significant findings of those assessments. The significant findings following workplaces inspections/assessments will be recorded. The information based on those findings will be made available to employees, contractors and volunteers. Assessments will be reviewed over time as appropriate.

We accept, therefore, that some of our operations may, unless properly controlled, create risks to members of staff and others, thus we will take all reasonably practicable measures to eliminate or reduce such risks to an acceptable level.

Any employee, contractor or volunteer, who discovers a hazardous/defective condition relating to their workplace/a work activity, should report this to **Head of Health, Safety and Facilities, Facilities Manager** or **Health and Safety Coordinator**, so that the appropriate action can be taken.

### Information and Training

Where necessary, employees, contractors and volunteers at any level will be provided with:

- specific and/or general health and safety training;
- training in the risk assessment procedure;
- > training in any new work activity controls.

# Inspections of Workplaces, the Identification of Hazards and the Control of Workplace Risks

The objectives of our workplace inspections are to identify hazardous conditions and start the corrective process and thus to make improvements and reduce risks.

Risk assessments will be undertaken by the **Head of Health, Safety and Facilities, Facilities Manager** or **Health and Safety Coordinator**.

Action required to remove/control risks will be approved by the **Head of Health, Safety and Facilities**.

The person responsible for ensuring that the required action is implemented is the designated person on site.

The person responsible for checking that these actions have removed/reduced the risks is **Head of Health, Safety and Facilities** and **Health and Safety Coordinator**.

Assessments will be reviewed **annually**, or when the work activity changes in a significant manner, whichever is the soonest.

Note. Risk Assessments. The risk assessments referred to above detail the workplace precautions/control measures that are required to reduce the level of risk. However, it is imperative that these control measures are implemented and maintained at all times. Therefore, all employees, contractors and volunteers must ensure that the required control measures are in place and that safe systems of work are followed at all times.

## 3.15 Workplace Risks: The General Principles

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health & Safety Policy Workplace Risks - The General Principles.docx

Volunteers https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/

Contractors (assessors) – please access the Assessor Documents area on the BHS website.

## 3.16 Health and Safety Training Policy

It is BHS policy to provide training to employees, contractors and volunteers, not only to comply with statutory requirements but also to secure a safe and healthy working environment for employees, contractors and volunteers and any others who may be affected by work activities. The Society will continuously assess the health and safety training needs of employees, contractors and volunteers and record the training provided.

Section 2 of the Health and Safety at Work etc. Act 1974 imposes a general duty on an employer, to provide such information, instruction, training and supervision as is necessary to ensure, so far as is reasonably practicable, the health and safety at work of employees, contractors and volunteers.

# **Induction Training**

Induction training will be organised or provided for all employees and volunteers by the **People Team**, **Line Manager** and **Volunteer Team**.

## **Job Specific Training**

Job specific training will be provided by the designated **Line Manager**.

#### **Special Training**

Specific jobs/activities that require special training are:

> IGV and Fleet

Training will be identified and arranged by **Head of Health**, **Safety and Facilities**, **Health and Safety Coordinator** or designated **Line Manager** for **LGV & Fleet**.

# 3.17 Manual Handling

#### **Duties of an Employer**

As an employer we are aware of the duties stipulated in the Manual Handling Operations Regulations 1992.

The key duties are to:

- > avoid the need for hazardous manual handling, as far as reasonably practicable;
- > assess the risk of injury from any hazardous manual handling that cannot be avoided;
- reduce the risk of injury from hazardous manual handling, as far as reasonably practicable.

### **Duties of Our Employees, Contractors and Volunteers**

Employees, contractors and volunteers have duties too. Essentially these are to:

- > follow the appropriate systems of work laid down for their safety:
- > make proper use of the equipment provided for their safety;
- > co-operate with their employer on health and safety matters;
- > inform their employer if they identify hazardous manual handling activities;
- > take care to ensure that their activities do not put others at risk of injury.

# **Avoiding Manual Handling**

- > checks will be made to determine if manual handling needs to be carried out at all, i.e. avoidance.
- > we shall also consider the practicability of automation, particularly for any new processes;
- > think about possible mechanisation for some processes;
- be aware of new hazards arising from automation or mechanisation.

#### **Making the Assessment**

- > the assessment is the employer's responsibility.
- > selected employees and volunteers can help to carry out these assessments.

## Reducing the Risk of Injury

It is our aim to reduce the risk of injury, i.e. to the lowest level 'reasonably practicable'. This means, therefore, reducing the risk until the cost of any further precautions – in time, trouble or costs – would be far too great in proportion to the benefits.

#### **Training Requirements**

We recognise the importance of training in relation to manual handling operations at work.

#### Training will need to cover:

- how to recognise harmful manual handling;
- > appropriate systems of work;
- > the use of mechanical aids;
- > good handling technique.

# **Good Handling Technique**

Listed below are some important points that persons involved with manual handling should be aware of:

- > to stop and think to plan the lift;
- > the correct position of the feet;
- to adopt a good posture;
- > getting a firm grip;
- keeping close to the load;
- > to lift the load smoothly;
- > moving the feet so as not to twist the trunk;
- > putting down the load and then adjusting its position.

# 3.18 Monitoring Health and Safety

# **Active Monitoring**

To ensure that health and safety standards are correct and to check the working conditions within the Societies workplace premises, before accidents, incidents or ill health are caused, we will undertake an analysis of relevant standards listed below

#### **Reactive Monitoring**

We shall use accident and incident data, 'near miss' reports and ill health events, as indicators of our performance, to highlight areas of concern, then to be able to take corrective actions.

The persons responsible for carrying out health and safety monitoring are:

- > Head of Health, Safety and Facilities, Facilities Manager or Health and Safety Coordinator.
- > Acton Jennings LLP acting in an advisory capacity only.

Monitoring reports will be submitted to **Head of Health**, **Safety and Facilities** or **Health and Safety Coordinator**.

# 3.19 Mental Health and Wellbeing – work related stress

Home Team employees only

 $\frac{\text{file:///Z:} \text{Policies}\%202023 \text{PEOPLE} \text{Our}\%20 commitment}\%20 to \%20 Mental\%20 Health\%20 and \%20 Wellbeing \%20 Health\%20 Health\%20 Horse \%20 Society.pdf}$ 

#### 3.20 Safe Work Equipment

When intending to purchase new or second-hand work equipment, we will ensure that it meets health and safety standards prior to buying it.

The person responsible for checking that new plant and work equipment meets current health & safety standards prior to purchase is **Head of Health, Safety and Facilities, Facilities Manager** or **Health and Safety Coordinator**.

Any problems / defects found in relation to our range of work equipment, must be reported to the **Head of Health**, **Safety and Facilities, Facilities Manager** or **Health and Safety Coordinator**.

# 3.21 Violence and Aggression at Work

As a responsible employer, we recognise the legal duties by virtue of the Health and Safety at Work etc. Act 1974 to ensure, so far as is reasonably practicable, the health, safety and welfare at work of all their employees and volunteers

The Health and Safety Executive (HSE) has defined work related violence as:

'any incident in which a person is abused, threatened or assaulted in circumstances relating to their work'.

The Society intends to establish a working environment in which all employees, contractors and volunteers and young persons can feel safe and secure whist at work. This means not being subjected to any form of threat, verbal or physical abuse.

## **Procedural Arrangements**

Following any incident of violence at work, **Head of Health, Safety and Facilities** and **Health and Safety Coordinator** is responsible for deciding whether there is a requirement to report the incident under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR).

All incidents are fully recorded by and reviewed by the Head of Health, Safety and Facilities, Health and Safety Coordinator and the People Team.

All employees, contractors and volunteers have a responsibility to report any concerns they may have relating to possible violence and aggression to their **Line Manager** and the **People Team**, so that preventive action can be taken whenever possible.

#### 3.22 Work at Height

We know that falls from height account for a significant number of workplace fatalities and specified injuries.

The Work at Height Regulations 2005 adopts a goal-based approach to assessing all work at height of which the Society intends to implement.

There is a defined hierarchy of control for managing and selecting equipment for work at height. These are:

- > Avoid work at height i.e. do the work from the ground,
- ➤ Use work equipment or other measures to prevent falls where work at height cannot be avoided i.e. use existing place of work or scaffolding etc.,
- > Where the Society cannot eliminate the risk of a fall, use of work equipment or other measures to minimize the distances and consequences of a fall should one occur i.e. nets/harnesses.

The risk assessment required under these regulations will require the Society to ensure:

- > All work at height is properly planned and organised;
- Weather conditions are taken into account;
- > All personnel are trained and competent;
- > The place of work is safe;
- > All equipment for work at height is appropriately inspected;
- > The risk from fragile surfaces is controlled;
- > The risk from falling objects is controlled.

All working at height is carried out by external competent contractors and due diligence is carried out by the **Head** of **Health, Safety and Facilities, Facilities Manager** and **Health and Safety Coordinator**.

# **Policy Review**

Year	Reviewed by	Date	Comments
2021	John Longfield Tech IOSH of Acton Jennings LLP	25 <sup>th</sup> September 2021	Draft Version
2022	John Longfield Tech IOSH of Acton Jennings LLP	6 <sup>th</sup> November 2022	Review
2023	John Longfield Tech IOSH of Acton Jennings LLP	10 <sup>th</sup> October 2023	Review
2023	John Longfield Tech IOSH of Acton Jennings LLP	29 <sup>th</sup> November 2023	Updated Hyper Link Version. Master copy remains.

#### 4. APPENDICES

# Appendix 1 – Fire Procedures

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health & Safety Policy Appendix 1 Fire Procedures.docx

Volunteers <a href="https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/">https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/</a>

Contractors (assessors) – please access the Assessor Documents area on the BHS website.

# Appendix 2 – COVID 19/Pandemics

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health & Safety Policy Appendix 2 COVID 19.docx

Volunteers <a href="https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/">https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/</a>

Contractors (assessors) – please access the Assessor Documents area on the BHS website.

### Appendix 3 – CDM Regs Statement

Employees Z:\Health and Safety\Guidance and policy statement\Guidance and Policy Statement 2023\BHS Health & Safety Policy Appendix 3 CDM Regulations 2015.docx

Volunteers <a href="https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/">https://www.bhs.org.uk/support-us/volunteering/volunteer-resources/you-your-role/</a>

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