# BHSI – COACHING OBSERVATION SHEET (General Pathway)

**SECTION 1 -Coach a private dressage lesson**

(Session time approximately 45mins. Including discussion with the assessor.)

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| Lead Assessor name: |  |
| Candidate name: |  |
| Date: |  | Centre: |  |

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| All red criteria and a minimum of **8** total criteria **must** be achievedMaintain health, safety and welfare of horse, self and others.Demonstrate competence to coach with empathy, effect and understanding for the horse’s capacity to learn and its wellbeing.Demonstrate competence to assess, evaluate and improve a horse and rider combination working on the flat. Include work towards lateral work and flying changes as appropriate.Be able to recognise, address and explain the effect of a rider’s position and influence.Demonstrate understanding of strengths and limitations in horses in training and riders preparing for assessments.Demonstrate appropriate coaching styles and discuss a range of coaching styles.Show clear communication skills and develop rapport with the rider.Demonstrate clear understanding of requirements all BHS assessments.Be able to use the Training Scale and the scale of marks as objective measurement criteria.Show ability to influence development and future planning.Show ability to positively self-reflect. |  |  |
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Y/N

Comments

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| **COMPETENT** |  **NOT YET COMPETENT**  |

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| **GENERAL CRITERIA FOR THE BHSI COACHING CERTIFICATES** **(All must be achieved in this qualification)** | **Tick with solid fill** |
| Show commitment to prioritising the wellbeing and welfare of the horse |  |
| Show ability to interact and communicate with people effectively |  |
| Show clear ability to read and empathise with all equines |  |
| Show practical competence when handling horses and equipment |  |
| Show ability to maintain composure, focus and self-control at all times. |  |
| Show ability to recognise their own limitations and remain receptive and perceptive |  |
| Show ability to work in a pressurised situation subject to time constraints |  |
| Show clear understanding of the role of the BHS within the equestrian community |  |
| Show clear understanding of the links between coaching and competition |  |
| Show ability to self-reflect and evaluate performance |  |
| Show familiarity with current coaching ethos |  |

# BHSI – COACHING OBSERVATION SHEET (General Pathway)

**SECTION 4 & 5. VERBALLY EVALUATE HORSE AND RIDER PARTNERSHIPS**

(Session time approximately 10 minutes per horse. Including discussion with the assessor.)

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| Assessor name: |  |
| Candidate name: |  |
| Date: |  | Centre: |  |

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| All red criteria and a total of 2 criteria **must** be achievedDemonstrate competence to evaluate the performance of a horse and rider on the flat and over show jumpsDemonstrate competence to recognise and explain a range of strengths and areas to develop in performance.Show clear communication skills. |  | **Flat** |  | **Jump** |
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| **PASS** |  **FAIL** |

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