

## Guide on how to run...

# A Dressage Test Riding Clinic

<b>Overview</b>	<p>To give riders the opportunity to ride a dressage test and be judged. They then go and spend some time with a Coach (who could also be the Judge) before riding the test again, hopefully gaining a better score.</p> <p>This should be a relatively informal and friendly event with the aim of giving those attending confidence and to receive coaching to improve their riding and their horse's way of going. For some it will be a way of combatting nerves that may arise when riding in a test situation.</p> <p>This type of event should break even financially or even make a small profit but is not a major fundraiser.</p> <p>This guide should be read in conjunction with broader Running Events Guide.</p>
<b>Resources</b>	<p>1 Warm up area 1 Dressage Test/Coaching Arena (if judge is also the coach) 1 or 2 coaching areas (if coaches different to Judge) 1 or 2 coaches Dressage test scoring sheets for the tests to be ridden (available from British Dressage) 1 Dressage judge and writer 1 Scorer (could also be the writer) Helpers for car parking, stewarding, collecting score sheets</p>
<b>Costs:</b> <i>(Please also refer to the Finance section of Running Events Guide)</i>	<p>Where venues, coaches, judges and helpers are happy to volunteer their services, this can help to minimise the cost of running an event.</p> <p>Most venues and coaches will charge Some dressage writers and judges may charge mileage or a fee per rider Test scoring sheets will need to be purchased (2 per rider) Postage for score sheets Expenses for volunteer travel etc. Miscellaneous – i.e. thank you gift for judges, coaches, helpers</p>
<b>Format:</b>	<p>The amount of arena space you have will determine how many people you can accommodate at the event.</p> <p>The amount of people you can accommodate will impact on your budget so if you have fewer people due to space restrictions you may need to charge more.</p> <p>The dressage tests you select to be ridden will be determined by the size of your Test Arena – 20m x 40m or 20m x 60m</p> <p>You can give a choice of tests to be ridden or you can allow riders to choose their own <i>(NB: if you allow riders to chose their own you will need to allow time before the event to get the relevant scoring sheets. Score sheets are only available in packs of 10 so giving people the choice of which test to ride could prove expensive)</i></p>

	<p>Once the rider's first test has been ridden the score sheet should be given to the coach so that they can see the areas that need improvement. After the coaching session has ended the score sheet should be returned to the scorer.</p>
<p><b>Timings:</b></p>	<p>Your timings will depend on whether you have one or two coaches or use your judge as the coach. Allow approx. 10 minutes per test and 20-30 minutes for coaching.</p> <p>Example:</p> <p><i>(with 1 coach)</i>  <i>Rider 1 – Test 9.30am – Coaching 9.40am (coach 1) – Re-Test 10.00am</i>  <i>Rider 2 – Test 9.50am – Coaching 10.00am (coach 1) – Re-Test 10.20am</i>  <i>Rider 3 – Test 10.10am – Coaching 10.20am (coach 1) – Re-Test 10:40am</i>  <i>Rider 4 – Test 10.30am – Coaching 10.40am (coach 1) – Re-Test 11.00am</i></p> <p><i>(with 2 coaches)</i>  <i>Rider 1 – Test 9.30am – Coaching 9.40am (coach 1) – Re-Test 10.00am</i>  <i>Rider 2 – Test 9.40am – Coaching 9.50am (coach 2) – Re-Test 10.10am</i>  <i>Rider 3 – Test 9.50am – Coaching 10.00am (coach 1) – Re-Test 10:20am</i>  <i>Rider 4 – Test 10.30am – Coaching 10.40am (coach 2) – Re-Test 11.00am</i></p> <p><i>(with judge as the coach)</i>  <i>Rider 1 – Test 9.30am – Coaching 9.40am – Re-Test 10.00am</i>  <i>Rider 2 – Test 10.10am – Coaching 10.20am – Re-Test 10.40am</i>  <i>Rider 3 – Test 10.50am – Coaching 11.00am – Re-Test 11.20am</i>  <i>Rider 4 – Test 11.30am – Coaching 11.40am – Re-Test 12.00pm</i></p>
<p><b>Other Considerations:</b></p>	<p>Does your scorer know how to add up dressage sheets and calculate percentages?</p> <p>Will you provide a 'caller', or should they organise their own? If provided you might want to charge £1 to go towards funds.</p> <p>Will test sheets/scores be given out on the day or posted/emailed after the event?</p> <p>Allow time for lunch in your schedule. Do you need to/should you provide lunch for your judge, writer, coaches and helpers?</p> <p>Are your coaches BHS APC Registered? If not are they suitably qualified and do they have their own Public Liability Insurance? A list of BHS APC's can be found at <a href="https://www.bhs.org.uk/enjoy-riding/find-an-accredited-professional--coach">https://www.bhs.org.uk/enjoy-riding/find-an-accredited-professional--coach</a></p> <p>A list of BD judges can be found at <a href="https://www.britishdressage.co.uk/get-involved/judges-and-writers/find-a-judge/">https://www.britishdressage.co.uk/get-involved/judges-and-writers/find-a-judge/</a></p>