# STAGE 2 - OBSERVATION SHEET

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| Assessor name: |  |
| Date: |  | Centre: |  |

# STAGE 2 COACHING - OBSERVATION SHEET

**PLEASE HOLD ONTO OBSERVATION SHEETS FOR 3 MONTHS. CONFIDENTIALLY DESTROY AFTER THIS TIME**

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| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO1 – Understand the roles and responsibilities of a coach | 1.1 Explain the roles of a coach |  |  |
| 1.2 Describe the responsibilities of a coach |
| 1.3 Describe legal requirements for coaching horse riding |
| 1.4 Explain a range of factors to consider when matching a horse with a rider*(Range = 2 or more)* |
| LO2 – Understand rider needs | 2.1 Explain the needs of different types of riders |  |  |
| 2.2 Explain how the learning process may affect a rider’s skill development |
| 2.3 Explain factors that may affect rider development |
| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO3 – Be able to coach safely | 3.1 Demonstrate regard for safety |  |  |
| LO4 – Be able to demonstrate lesson management skills | 4.1 Demonstrate effective communication skills |  |  |
| 4.2 Demonstrate effective behaviour management skills |
| 4.3 Demonstrate effective time management skills  |
| LO5 – Be able to coach a lead rein lesson | 5.1 Produce a lesson plan |  |  |
| 5.2 Describe the process of coaching a beginner rider |
| 5.3 Coach a lead rein lesson |
| 5.4 Coach progressive activities to rider |
| 5.5 Implement suitable adaptations to coaching practices |
| 5.6 Evaluate own performance |
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| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO6 – Be able to coach a lunge lesson | 6.1 Produce a lesson plan |  |  |
| 6.2 Explain how to develop a range of riding skills |
| 6.3 Ensure the horse is lunged safely |
| 6.4 Coach a lunge lesson |
| 6.5 Coach progressive activities to riders |
| 6.6 Identify common rider faults and make corrections |
| 6.7 Implement suitable adaptations to coaching practices  |
| 6.8 Evaluate own performance |
| LO7 – Be able to coach an integrated flatwork and jumping group lesson | 7.1 Produce a lesson plan |  |  |
| 7.2 Coach a group lesson |
| 7.3 Coach progressive activities to riders |
| 7.4 Identify common rider faults and make corrections |
| 7.5 Implement suitable adaptations to coaching practices |
| 7.6 Describe basic school figures |
| 7.7 Coach basic jumping skills |
| 7.8 Explain how to develop a range of basic jumping skills |
| 7.9 Evaluate own performance |
| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO8 – Be able to coach a practical stable management lesson | 8.1 Produce a lesson plan |  |  |
| 8.2 Coach a stable management lesson |
| 8.3 Identify common faults and make corrections |
| 8.4 Implement suitable adaptations to coaching practices |
| 8.5 Evaluate own performance |
| LO9- Be able to plan for professional development | 9.1 Describe an action plan for own development |  |  |

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