

## BHS East Midlands

Invite you to a series of video based evening talks by

# Gillian Higgins - Horses Inside Out

£15 per evening talk - book online via BHS website

The  
British  
Horse  
Society

Gillian Higgins (BSC equine, BHS Senior Coach, Sports and Remedial Therapist, Rider, Anatomist, Biomechanist, Anatomical artist and Author) leads **HORSES INSIDE OUT** and is internationally recognised as a leading provider of equine education incorporating the most recent scientific developments with the most tried and tested traditional methods.



These video based talks use slow motion footage which allows the audience to see in detail and understand what is happening as the horse moves.

Topics include:

- 13 Feb 2019** Understanding the Horse's Back
- 13 Mar 2019** Not Quite Right?
- 11 Sept 2019** Dressage Dissected
- 9 Oct 2019** Polework and Gymnastic Jumping for all Disciplines
- 11 Dec 2019** Pilates for Horses



Evening talks will count as CPD update training for BHS APC's if **three** evening topics are attended.

Waltham Village Hall (The Harry Hunt Room),  
19 Goadby Road, Waltham-on-the-Wolds,  
Melton Mowbray  
Leicestershire LE14 4AG

Doors open 6.30pm - talks start 7pm  
Tea, coffee and biscuits provided

Contact Sally Andrews at [sally.andrews@bhs.org.uk](mailto:sally.andrews@bhs.org.uk) or call  
07881 956459

Book online: [www.bhs.org.uk/bhs-in-your-area/east-midlands](http://www.bhs.org.uk/bhs-in-your-area/east-midlands)

[www.bhs.org.uk](http://www.bhs.org.uk)

 [www.facebook.com/TheBritishHorseSociety](https://www.facebook.com/TheBritishHorseSociety)

 [@BritishHorse](https://www.twitter.com/britishhorse)

The British Horse Society is a Registered Charity Nos. 210504 and SC038516