

# BHS First Aid Courses 2019

## BHS Northern Ireland & Republic of Ireland

### BHS First Aid Courses 2019

#### Dates Coming Up Soon!

#### BHS First Aid Refresher Courses

- One Day Refresher 21 January 2019 – Coolmine Equestrian Centre, Saggart, Co Dublin
- One Day Refresher 11 February 2019 – Coolmine Equestrian Centre, Saggart, Co Dublin
- One Day Refresher 25 February 2019 – Laurel View Equestrian Centre, Co Antrim
- One Day Refresher 11 March 2019 – Laurel View Equestrian Centre, Co Antrim
- One Day Refresher 20 May 2019 – Cork International Hotel, Co Cork
- One Day Refresher 10 June 2019 – Enniskillen Campus, Co Fermanagh
- One Day Refresher by 19 August 2019 – Laurel View Equestrian Centre, Co Antrim
- One Day Refresher by 20 August 2019 – Laurel View Equestrian Centre, Co Antrim
- One Day Refresher 4 November 2019– Coolmine Equestrian Centre, Co Dublin
- One Day Refresher 11 November 2019 – Laurel View Equestrian Centre, Co Antrim
- One Day Refresher 12 November 2019– Laurel View Equestrian Centre, Co Antrim

**Costs: Proprietors of BHS Approved Centres £67**

**BHS Accredited Professional Coaches – most will have paid as part of registration**

**Others: £80 (pay by Paypal)**

#### BHS Two Day Starter First Aid Courses

- 26 & 27 February 2019 – Laurel View Equestrian Centre, Co Antrim
- 2 & 3 April 2019 – Laurel View Equestrian Centre, Co Antrim
- 11 & 12 June 2019 – Enniskillen Campus, Co Fermanagh
- 21 & 22 August 2019 – Laurel View Equestrian Centre, Co Antrim
- 13 & 14 November 2019 – Laurel View Equestrian Centre, Co Antrim

**Costs: Proprietors of BHS Approved Centres £100**

**BHS Accredited Professional Coaches – most will have paid as part of registration**

**Others: £111 (pay by Paypal)**

**Each day starts at 10am until 4.30pm and lunch is provided.**

#### First Aid in the Horse Industry

Training in First Aid is essential for anyone involved in the horse industry whether they are instructors, grooms, competitors, volunteers, fence judges etc. A recognised, up-to-date First Aid qualification is also a pre-requisite for inclusion on the Register of Instructors. General First Aid training can be accessed in Northern Ireland via the HSE (Health and Safety Executive) First Aid

at Work courses. These take the format of an initial three-day course, with a two-day top-up required every three years. General First Aid Training can be accessed in the Republic of Ireland via an Occupational First Aid course under the HSA (Health and Safety Authority). **As and from 1st September 2017, the HSA will only recognise PHECC FAR as meeting the needs of Occupational First Aid in workplaces.** These take the format of an initial three-day course, with a one-day top-up required every two years. However, these courses are very broad in outlook and largely geared towards providing first aid for a wide range of injuries and illnesses that may be encountered in the work-place.

NB – please note that the only course that is approved by the Health and Safety Executive (NI) or Health and Safety Authority (RoI) is the standard Health and Safety at Work First Aid or the Occupational First Aid Course. The HSE/HSA do not approve any industry specific three day courses so please be careful when deciding which first aid course to undertake. If you are in any doubt as to whether or not the course you are thinking of taking is accepted please call the Training Team on 02476 840510.

### **BHS First Aid**

In response to industry demands, the BHS are providing courses which provide a basic overview of first aid procedures, but with a focus on the injuries that are most likely to be sustained whilst handling and riding horses. This course is appropriate for anyone who is involved in the horse industry, and will provide the basic information on what to do if you are 'first on the scene' of an accident. As with all such training, the emphasis will be on providing appropriate first aid help while professional help is sought.

From 1 January 2012, customers who want their first aid certificate to be recognised by the BHS for the Register of Instructors, Approved Centres or BHS examinations will need to obtain either the BHS First Aid course or the full three day/two day refresher First Aid at Work or Occupational First Aid course. Please note, we do not accept any other type of first aid certificate that are equine specialised other than the BHS course.

### **The BHS Two-Day Initial First Aid Course**

This course is for those who have never received any first aid training, or whose qualification has lapsed. Numbers will be limited therefore allowing ample time and opportunity to learn and practice the skills required. On completing the two-day course successful delegates will be provided with an ID card of achievement valid for two years. This must be updated biennially by attendance on a one-day refresher course.

### **The BHS One-Day Refresher First Aid Course**

This course is available for those who already hold a First Aid qualification which they wish to update. Bi-annual attendance on a refresher course is a requirement for Instructors wishing to remain on the register unless they hold an up-to-date HSE First Aid at Work certificate. Anyone applying for a place on a one-day refresher course will be required to provide evidence of previous attendance at a First Aid at Work or BHS First Aid course. If this qualification has lapsed, they will need to attend a Two Day BHS First Aid Initial course.

### **First Aid At Work**

It must be emphasised that the HSE First Aid at Work or HSA Occupational First Aid qualification may still be a requirement for employers, proprietors and instructors who have responsibility for other employees or staff on their yard/establishment.

If you are in doubt as to whether or not you should hold a First Aid at Work certificate, please contact the HSE for guidance – [www.hse.gov.uk](http://www.hse.gov.uk)

If you are in doubt as to whether or not you should hold an Occupational First Aid Course please

contact the HSA for guidance – [www.hsa.ie](http://www.hsa.ie).

### **Pre-booking is essential - You may pay by Paypal**

#### **How to pay by Pay Pal to BHS Ireland**

This account will allow you to quickly, safely and effectively pay BHS Ireland Events without incurring normal credit card administration fees. You will also automatically receive a receipt for your payment.

It's safer, it's faster and it's everywhere. Use PayPal to shop at thousands of web-sites, knowing that your financial details are never shared.

If you already have a paypal account just log in to [www.paypal.co.uk](http://www.paypal.co.uk) and send the amount due to [s.irwin@bhs.org.uk](mailto:s.irwin@bhs.org.uk). As you will know there is a facility to send a message to me via email and you will also receive a receipt for your payment. Please would you state your name, and the date and event you are booking.. And then of course if you would email on to me your booking forms I can match the two things together.

If you do not have a PayPal account you can set one up very quickly at [www.paypal.co.uk](http://www.paypal.co.uk). You can set up an account with a credit card or debit card or both. Paypal is a very safe way of making payments!

Once you have a Paypal account send the amount due to [s.irwin@bhs.org.uk](mailto:s.irwin@bhs.org.uk). There is a facility to send a message to me via email and you will also receive a receipt for your payment. Please would you state your name, and the date and event you are booking for in the email narrative - that would be brilliant! And then of course if you would email on to me your booking forms I can match the two things together.

**For more information on anything contained above contact:**

**Susan Spratt, BHS Manager for Northern Ireland & Republic of Ireland**

**e: [susan.spratt@bhs.org.uk](mailto:susan.spratt@bhs.org.uk) t: 0044(0)07808141079 w: [www.bhs.org.uk](http://www.bhs.org.uk)**