

invite you to a series of video based evening talks

with Gillian Higgins from Horses Inside Out

**at The Great Stukeley Village Hall, Ermine Street,
Huntingdon, PE28 4AL.**

Doors open 6.30 pm, talks start 7.00pm



1 Mar 2018 Posture and Performance

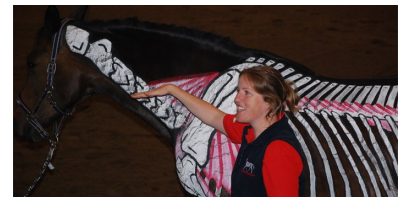
30 Apr 2018 Assessing Movement from an Anatomical Perspective

21 May 2018 Dressage Dissected

21 Jun 2018 Polework and Gymnastic Jumping for all Disciplines

10 Oct 2018 Not Quite Right?

3 Dec 2018 Pilates for Horses



£12 per evening, if booked online or £15 on the door

Members and non-members welcome.

Gillian Higgins (BSC equine, BHS Senior Coach, Sports and Remedial Therapist, Rider, Anatomist, Biomechanist, Anatomical artist and Author) leads **HORSES INSIDE OUT**, internationally recognised as a leading provider of equine education incorporating the most recent scientific developments with the most tried and tested traditional methods. Slow motion video footage allows the audience to see in detail and understand what is happening as the horse moves.

Contact: janet.holmes@bhs.org.uk or 07808 141076 Book online via the BHS website