



Competitions for All ...

INTERDRESSAGE

...the World's Premier Online Dressage Competition

... Dressage, Style Jumping & Showing Competitions captured on Video

British Riding Clubs (BRC) have teamed up with Interdressage to offer every BRC Member the opportunity to compete internationally and win fabulous prizes for themselves and their Riding Club or Riding Club Centre – no matter where they ride.



- Do you want to compete for excellent prizes, prize money and fabulous rosettes?
- Do you have limited funds?
- Are without transport or have no one to drive you to a competition?
- Do you need encouragement and positive feedback?
- Do you own a bad to load horse or pony?
- Do you have a young or unpredictable horse or pony?
- Do you suffer from competition nerves?
- Are limited for time?
- Do you think you're not ready to travel to a competition?

Then British Riding Clubs and Interdressage is for You!

Any horse or pony irrespective of its type, breed or size can have a go, there are classes for all ages and abilities.

British Riding Clubs and Interdressage have developed a British Riding Clubs League, which runs from Oct 2015 to March 2016 online at www.interdressage.com. This league has been designed specifically to encourage grass roots riding club and riding club centre members to 'have a go at a competition' by making it possible for them to ride their dressage tests, style jumping rounds and showing classes, in a relaxed manner from the comfort of familiar surroundings. With end of year League prizes provided by Mirrors for Training and Beewear Clothing.

The classes just need to be videoed and submitted to Interdressage for judging. All that is required is a level surface with markers. The BRC League is divided into 2 sections – one for BRC Riding Club Members and one for BRC Riding Club Centre Members. The leading points Club and Centre will receive prizes at the end of the league. Competitors in both sections will automatically be entered into the monthly Interdressage competitions and have the chance to compete internationally for:

- **Fantastic Prizes and Rosettes**
- **Generous Prize Money**
- **Superb Achievement Certificates**
- **Positive and Constructively Marked Score Sheets**



Please check the Interdressage website for entry dates. But remember that the correct entry fee of just **£11.95 per dressage or style jumping class and £11.00 for the showing classes**, must be received before your test can be judged. You will be able to enter as many times as you like.

www.interdressage.com - www.britishridingclubs.org.uk

For more information about Interdressage or British Riding Clubs call: 02476 840518 or email: ridingclubs@bhs.org.uk





Entering is Easy:

All you need is:

- **A digital camera to video your test**
- **Access to a computer**
- **A level area to ride on**
- **Someone to video your test**

Interdressage tests can be ridden in any type of bridle (martingales are not permitted for the dressage tests), boots & bandages may be worn by horses and ponies. Riders do not have to compete in competition clothing, but smart casual

is preferred. So this online format really is aimed to include every type of horse and rider.

Riders from all over the world already compete monthly via video with Interdressage for rosettes, prize money and points. The site was launched in 2007 by freelance riding instructor Karina Hawkridge, and has developed into a successful medium for providing a competition format for riders who may otherwise be unable to compete at a 'live' event. With the ever increasing cost of fuel and entry fees, travelling to a competition has become very expensive. For many riding club centre members or riding school pupils, competing away from the confines of the school is not always possible.

Competitors visit the Interdressage website and choose from a comprehensive list of classes from the month's schedule. All the dressage tests have been specifically written for Interdressage with movements and transitions placed at the optimum point for the judge to score via video. The dressage tests range from Walk and Trot through to Advanced, with Riders Tests and Style and Performance Tests which include up to five jumps! All tests are judged by listed BD judges with help and feedback on every test from Karina Hawkridge.

'We remain positive and upbeat with all our comments and advice. Myself and our judges have competed for many years and one recurring 'bug bear' amongst fellow competitors is sometimes the lack of constructive comments on your score sheet. We always put a comprehensive and helpful comment in every 'box'. Our aim is to encourage more people to have fun with their horse, to help them adopt correct training methods and to offer help and support' says Karina.

Classes are simple to enter, choose the class or classes you wish to enter for each month on the 'Schedule and Entry Form' page on the Interdressage website. Select your payment option and complete an entry form. You can enter online by using the 'enter' button. Make sure you complete all your details. Video your test and upload it to **www.youtube.com**. Please name your video files according to the email Interdressage will automatically send you or with the name of horse and rider and class number if you are using a print off entry form.

You can enter by printing out an entry form. Fill in your details and post your completed entry form and cheque to: **Interdressage, Broadacres Stables, The Old Coach Road, Tadcaster, North Yorkshire LS24 8HA**. If you have any problems or need advice please call or text on: 07900 887527 or 07751 135537 (office hours) or email Interdressage at: karina@interdressage.com. Your video will be online to view within 48 hours of us receiving and judging it. All Interdressage classes will count towards the BRC Leagues, even the novelty ones.

Top Tips on getting a good Video

- Always film with your back to the sun. Make sure you keep the camera steady and try and keep the horse in the centre of the frame.
- Try not to film when there is a sharp contrast in light and dark areas in the arena.
- Use the highest quality setting on your camera.
- Set the zoom before you start and do not alter it once you have started filming.
- Make sure the light setting is correct for the time of day you are filming at.
- Stand at C either with your back to C or behind C facing A and do not move from that spot.
- Make sure you video from the start of the test as they turn onto the centre line and keep videoing until after the final halt so we can see some walk work as they leave the arena. (Just half a dozen steps or so).
- Film with the sound turned off if this is an option on the equipment you are using. This helps to keep the file size down.

Ask the person videoing your test to stand either immediately in front of C with their back to C on the centre line facing A - or if there is room to stand behind C on the centre line facing A - then set the zoom on the camera so the whole of the horse remains in the frame for as much of the arena as possible - with a steady hand ask them to keep the horse in the centre of the view finder and ask them to start videoing a dozen or so strides before the start of the test all the way until after the final halt. Make sure that they are not videoing into the sun - this may mean you need to swap your letters around.

More information on videoing can be found here: <http://www.interdressage.com/help.php>



British Riding Clubs

Part of The British Horse Society

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www.interdressage.com - www.britishridingclubs.org.uk