First Pony Guide Checklist Guidance



First Pony Guide	Notes for guidance
The emphasis for this award is for participants to understand what they need to know about, to look after a pony or horse and to be able to carry out skills safely, know when to ask for help and who to ask.	
 I can explain the five welfare needs of the pony I can demonstrate how to muck out a stable 	 Suitable environment, diet, able to behave normally, appropriate company, protection from pain, suffering, injury and disease A suitable method demonstrated
I know why a quick release knot is used	□ It can be undone quickly
I can demonstrate how to put on a headcollar and tie a quick release knot	 A suitable method demonstrated, e.g. approach from side, rope placed over neck, headcollar fastened securely
I can lead a pony safely	 A safe method demonstrated, e.g. positioned next to shoulder, lead rope folded not wrapped around hand, pony turned away from handler
I can list five signs of good health	 Any five signs of good health listed in the booklet or other acceptable answers covered in the session
 I can outline the follow routine care requirements: a) Worming b) Teeth c) Hoof care d) Vaccinations 	 Answers should include: a) Worming: testing regularly as directed by vet or specialist company who could advise if chemical wormer required, poo picking fields, testing/treating all ponies in same field together. b) Teeth: checked every 6-12 months by EDT or vet c) Hoof care: trimmed/shod every 4-6weeks by registered farrier, pick out daily

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- I can give reasons why fibre is important in a pony's diet
- I can list what to take into consideration when deciding what to feed my pony
- I can tack up and untack with a bridle and saddle
- I can describe signs that my saddle isn't fitting correctly
- I can describe signs that my bridle isn't fitting correctly
- I can put on a rug and check the fit
- I can explain why my pony needs to be fit
- I can describe safety checks to carry out before travelling my pony

- d) Vaccinations: Flu initial course then 6monthly boosters. Tetanus initial course then booster every 2^{nd} year
- Answer to cover: ponies have evolved to live on fibre, need to chew, digestive system works best with small amounts of fibre continually moving through. Or any other acceptable answer from the booklet or covered in the session
- Considerations: Weight, age, workload, health conditions. And any other acceptable answers covered in the session
- A safe method demonstrated. Pony tied up, lead rope untied before bridle put on, tack carried and stored safely, saddle fastened securely
- Signs: any covered in the booklet or other acceptable answer covered in the session
- Signs: any covered in the booklet or other acceptable answer covered in the session
- Rug: A safe method demonstrated, pony tied up, rug unfolded, belly straps checked, leg straps fastened correctly.
- Answer should include: to reduce injury, to carry out work required to compete regularly. Or any other acceptable answer.
- Safety checks covered in the booklet or any other acceptable answer covered in the session